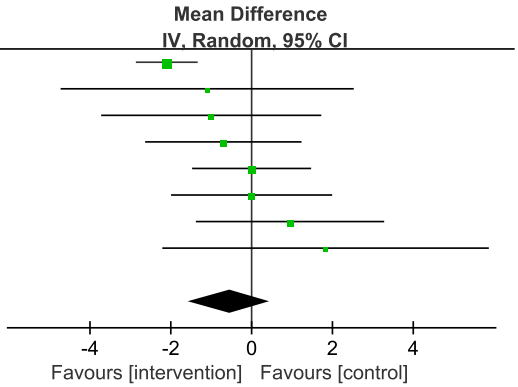
Study or Subgroup	Intervention Mean	Intervention SD	Intervention Total	Control Mean	Control SD	Control Total	Weight	Mean Difference IV, Random, 95% CI
Tomic et.al (2013) [48]	271.6	2.8	166	273.7	4.2	168	23.6%	-2.10 [-2.86, -1.34]
Barakat et.al (2011) [49]	277.1	9.2	40	278.2	7.5	43	6.1%	-1.10 [-4.73, 2.53]
Stafne et.al (2012) [50]	280	13	375	281	22	327	9.3%	-1.00 [-3.72, 1.72]
Barakat et.al (2014) [46]	277.2	7.7	138	277.9	9.1	152	13.8%	-0.70 [-2.63, 1.23]
Ruiz et.al (2013) [47]	277.2	10.5	335	277.2	9.1	352	17.4%	0.00 [-1.47, 1.47]
Barakat et.al(a) (2013) [51]	277	11	210	277	10	218	13.4%	0.00 [-1.99, 1.99]
Cordero et.al (2014) [44]	277.69	8.45	101	276.74	10.5	156	11.3%	0.95 [-1.38, 3.28]
Barakat et.al (2013) [45]	276.23	13.35	107	274.4	15.5	93	5.2%	1.83 [-2.21, 5.87]
Total (95% CI)			**1472**			**1509**	**100.0%**	**-0.55 [-1.57, 0.47]**

Heterogeneity: Tau² = 0.99; Chi² = 14.97, df = 7 (P = 0.04); I² = 53%

Test for overall effect: Z = 1.06 (P = 0.29)