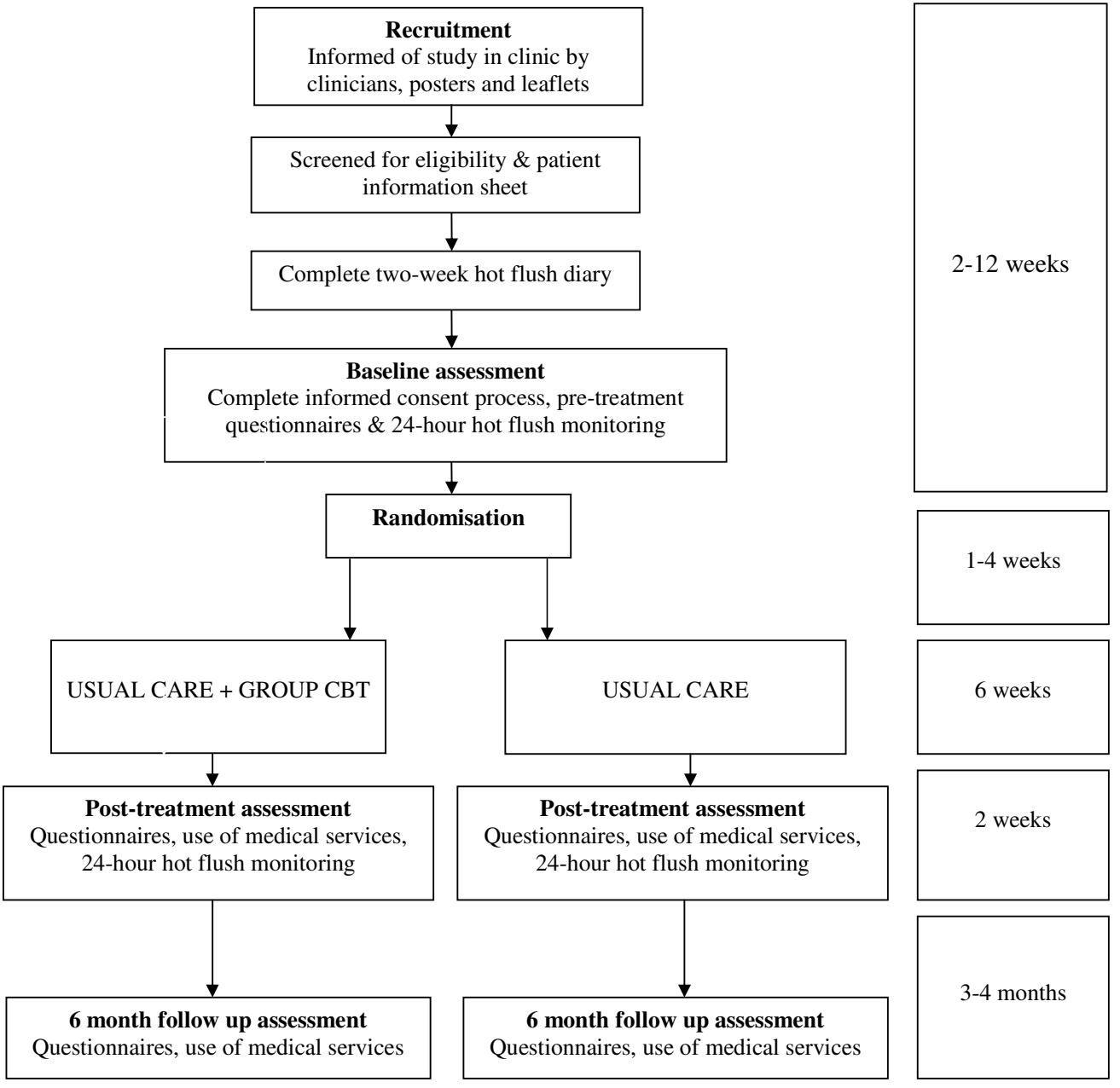
Recruitment
Informed of study in clinic by clinicians, posters and leaflets
Screened for eligibility & patient information sheet
Complete two-week hot flush diary
Baseline assessment
Complete informed consent process, pre-treatment questionnaires & 24-hour hot flush monitoring
Randomisation
USUAL CARE + GROUP CBT
USUAL CARE
Post-treatment assessment
Questionnaires, use of medical services, 24-hour hot flush monitoring
Post-treatment assessment
Questionnaires, use of medical services, 24-hour hot flush monitoring
6 month follow up assessment
Questionnaires, use of medical services
6 month follow up assessment
Questionnaires, use of medical services
2-12 weeks
1-4 weeks
6 weeks
2 weeks
3-4 months