# Diagnosis of incurable lung cancer



Baseline assessment (0 month)

#### **Randomisation**

Stratified by disease stage, performance status & centre

### **Arm 1 Intervention**

General health education materials + 8 week physical activity program

#### **Arm 2 Control**

General health education materials

## Follow-up 2, 4, 6 months

PRO, physical fitness & function

### Survival follow-up

To death or 3 years post-intervention