

## Survivors Rehabilitation Evaluation after Cancer (SURECAN)

**Some two million people in the UK have survived cancer, of whom a third report a diminished quality of life or wellbeing. There is a wide variation in NHS provision for these people, with unknown effectiveness and cost-effectiveness of interventions offered. The SURECAN project has as its long term aim the development of a new intervention to improve quality of life in those living with and beyond cancer.**

**Before an intervention to improve quality of life can be tested, we need to develop a comparison intervention based upon usual care. By filling out this short survey you will be helping us to establish what services are currently provided as part of standard follow-up care for people living with and beyond cancer within the UK. Responses are anonymous.**

**This survey is part of a clinical audit approved by Bart's Health NHS Trust. The survey takes an average of 10 minutes to complete. Please disregard this survey if you have previously completed the survey. If you have any questions regarding the following survey please contact one of the SURECAN research assistants:**

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**For the purpose of this survey we are interested in the care of people who have completed their active treatment aimed at a cure (eg. surgery, radiotherapy, chemotherapy) and are now living with and beyond cancer.**

\* 1. Where is your service based?

- England
- Scotland
- Wales
- Northern Ireland

\* 2. What is your profession?

- Clinical Oncologist
- Clinical Oncology Trainee
- Clinical Nurse Specialist
- Medical Oncologist
- Medical Oncology Trainee
- Psychologist
- Surgeon
- Surgical Trainee
- Other (please specify)

\* 3. What cancer specialty do you work in? (More than one option possible)

- Breast
- Colorectal
- Upper Gastro-intestinal
- Hepatobiliary Nervous System
- Dermatology
- Gynaecological
- Head and Neck
- Lung
- Leukaemia
- Lymphoma
- Multiple Myeloma
- Central Nervous System
- Sarcoma
- Urological
- Other (please specify)

\* 4. How many years have you been practising within cancer care?

\* 5. Approximately how many people attend your service each year who might be classed as living with and beyond cancer?

\* 6.

What sort of institution do you work in? (More than one option possible)

- Cancer Centre
- Community Facility
- District Hospital
- General Hospital
- Primary Care
- Teaching Hospital
- Other (please specify)

\* 7. Does your unit provide any specific assessment, interventions, or therapy for people who have completed active treatment and are living with and beyond cancer?

Yes

No



\* 8. Within your service, what professionals are involved specifically in the care of those living with and beyond cancer? (More than one option possible)

- Clinical Oncologists
- Clinical Nurse Specialists
- Counsellors
- Psychotherapists
- Psychologists
- General Nurses
- Medical Oncologists
- Occupational Therapists
- Physiotherapists
- Surgeons
- Social Workers
- Well-being Practitioner
- None
- Other (please specify)

\* 9. What are offered in your service?

	Never	Rarely	Occasionally	Frequently	Always	I don't know
Acceptance and commitment therapy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cognitive behaviour therapy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Counselling	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dietary advice or support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercise therapy or advice	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Family counselling/therapy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Medical assessment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mindfulness training	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
One off assessment at the end of treatment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Peer support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Vocational rehabilitation/return to work programme	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Other (please specify)

\* 10. What aspects of living with and beyond cancer are addressed within your service?

	Never	Rarely	Occasionally	Frequently	Always
Anxiety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Body image problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Changes in physical capacity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Changes in cognitive capacity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Depression/low mood	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other emotional reactions (eg. guilt, shame, anger)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fatigue	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fear of recurrence	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fear of death	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Financial problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Low self esteem	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Long-term medical complications of treatment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Menopausal symptoms if applicable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Osteoporosis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sexual difficulties	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Social problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Spiritual needs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Vocational/occupational problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Weight changes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Other (please specify)

\* 11. What service are people living with and beyond cancer offered? (More than one option possible)

- Group support facilitated by healthcare professional
- Group peer support
- Individual support facilitated by health care professionals
- Individual peer support
- None of the above (please specify)

\* 12. How many sessions would a typical person living with and beyond cancer receive within your service before being discharged?

- 1
- 2
- 3
- 4
- 5
- More than 5 (please specify number)

\* 13. How long is each session?

- Less than 30mins
- 30minutes - 1 hour
- 1 - 2 hours
- 2 hours +

\* 14. How often do the sessions occur?

- Once
- Weekly
- Fortnightly
- Monthly
- Intermittently
- Not applicable
- Less often (please specify)

\* 15. By what means are the sessions delivered? (More than one option possible)

- Telephone
- Web based
- Skype/Facetime
- Face-to-face
- Other (please specify)

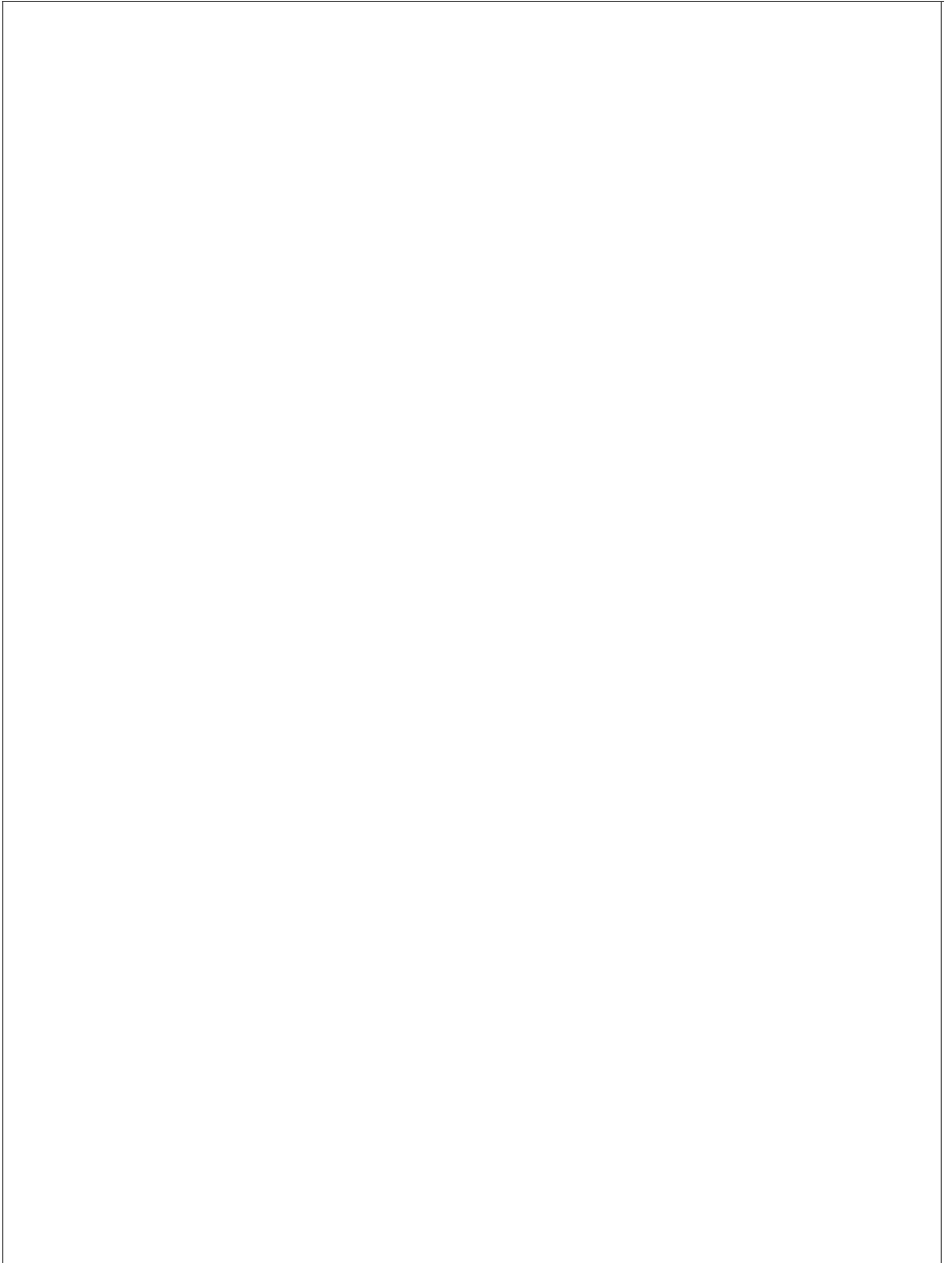
Your own opinion:

We would now like you to share your own opinion on these matters.

\* 16. What do you think are the most important needs of people living with and beyond cancer?

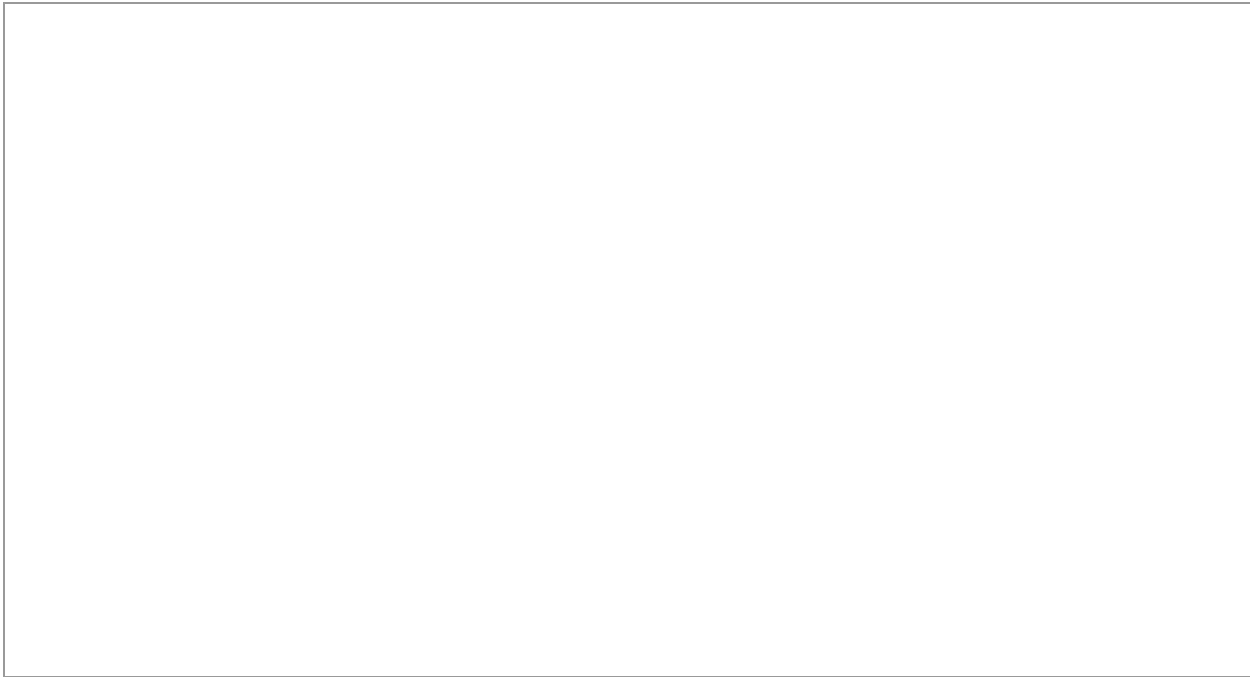
	Unimportant	Of Little Importance	Moderately Important	Important	Very Important
Anxiety	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Body image problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Changes in physical capacity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Other emotional reactions (eg. guilt, shame, anger)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Long-term medical complications of treatment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
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Weight changes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Other (please specify)



Your own opinion

17. What more do you think could be done to support people living with and beyond cancer?

A large, empty rectangular box with a thin black border, intended for the respondent to write their answer to question 17. The box is currently blank.



\* 18. In order to avoid more than one response from your unit, would you please state the name of your Trust or Hospital (this information will only be used to provide information where more than one clinician from the same trust has responded and not for any analysis purposes beyond this).

\* 19. Would your unit be interested, in principle, in participating as a centre in a randomised controlled trial of an intervention to improve quality of life of those living with and beyond cancer? (We will not hold you to your answers; this is just to give us an indication)

- Yes
- No
- Not sure

\* 20. In principle, would you be willing to release one or two members of nursing or therapy staff, for three days in total, for training in the intervention and delivery of therapy? (We will not hold you to your answers; this is just to give us an indication)

- Yes
- No
- Not sure

\* 21. How many days could a healthcare professional be spared from your service?

\* 22. In principle,would you be willing to allow the staff who have been trained to then run the therapy in their unit? (We will not hold you to your answers; this is just to give us an indication)

Yes

No

Not sure

**Thank you for completing this survey.**

**If you have any questions or comments please don't hesitate to contact one of the SURECAN research assistants:**

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