

1. Has the result of the operation/intervention affected the things you do?

Much worse	A little or somewhat worse	No change	A little or somewhat better	Much better
1	2	3	4	5

2. Have the results of the operation/intervention made your overall life better or worse?

Much better	A little or somewhat better	No change	A little or somewhat worse	Much worse
5	4	3	2	1

3. Since your operation/intervention, have you felt more or less optimistic about the future?

Much more optimistic	More optimistic	No change	Less optimistic	Much less optimistic
5	4	3	2	1

4. Since your operation/intervention, do you feel more or less embarrassed when with a group of people?

Much more embarrassed	More embarrassed	No change	Less embarrassed	Much less embarrassed
1	2	3	4	5

5. Since your operation/intervention, do you have more or less self-confidence?

Much more self-confidence	More self-confidence	No change	Less self-confidence	Much less self-confidence
5	4	3	2	1

6. Since your operation/intervention, have you found it easier or harder to deal with company?

Much easier	Easier	No change	Harder	Much harder
5	4	3	2	1

7. Since your operation/intervention, do you feel that you have more or less support from your friends?

Much more support	More support	No change	Less support	Much less support
5	4	3	2	1

8. Have you been to your family doctor, for any reason, more or less often, since your operation/intervention?

Much more often	More often	No change	Less often	Much less often
1	2	3	4	5

9. Since your operation/intervention, do you feel more or less confident about job opportunities?

Much more confident	More confident	No change	Less confident	Much less confident
5	4	3	2	1

10. Since your operation/intervention, do you feel more or less self-conscious?

Much more self-conscious	More self-conscious	No change	Less self-conscious	Much less self-conscious
1	2	3	4	5

11. Since your operation/intervention, are there more or fewer people who really care about you?

Many more people	More people	No change	Fewer people	Many fewer people
5	4	3	2	1

12. Since you had the operation/intervention, do you catch colds or infections more or less often?

Much more often	More often	No change	Less often	Much less often
1	2	3	4	5

13. Have you had to take more or less medicine for any reason, since your operation/intervention?

Much more medicine	More medicine	No change	Less medicine	Much less medicine
1	2	3	4	5

14. Since your operation/intervention, do you feel better or worse about yourself?

Much better	Better	No change	Worse	Much worse
5	4	3	2	1

15. Since your operation/intervention, do you feel that you have had more or less support from your family?

Much more support	More support	No change	Less support	Much less support
5	4	3	2	1

16. Since your operation/intervention, are you more or less inconvenienced by your health problem?

Much more inconvenienced	More inconvenienced	No change	Less inconvenienced	Much less inconvenienced
1	2	3	4	5

17. Since your operation/intervention, have you been able to participate in more or fewer social activities?

Many more activities	More activities	No change	Fewer activities	Many fewer activities
5	4	3	2	1

18. Since your operation/intervention, have you been more or less inclined to withdraw from social situations?

Much more inclined	More inclined	No change	Less inclined	Much less inclined
1	2	3	4	5