

## **Method 1. Surgical Process of VMP**

After retrobulbar anesthesia, the VMP surgeries were performed by senior vitreoretinal specialists (Xiaorong Li, Xinjun, Ren, Yan Shao, Juping Liu).

Three-port vitrectomy (25-gauge) was performed to remove the core vitreous and shave the peripheral vitreous with caution, avoiding iatrogenic holes. The epiretinal membrane around the macular was gently peeled off circularly. We left transconjunctival incisions self-healed or sutured according to the gas leak. No restrictions were required on patient position after the surgery.