

HOPSCOTCH Pre-Specialist Summary

Summary Report for Test Patient

Patient Name: Test Patient (Male,10)

HOPSCOTCH ID: 90000000

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| Date Completed: | 10 November 2011 |
| ATSI Status: | No |

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| Completed by: | Mother |
| Main language spoken at home: | English |

General Health, Mental Health, and Behaviour

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| General Health: | Very Good |
| PedsQL Physical Health: | No Problem |
| PedsQL Psychosocial Health: | No Problem |
| SDQ Total Problems: | Normal |
| SDQ Prosocial Behaviour: | Normal |
| SDQ Emotional Problems: | Borderline |
| SDQ Peer Problems: | Normal |
| SDQ Conduct Problems: | Normal |
| SDQ Hyperactivity/Inattention: | Normal |

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| Child at School: | Yes |
| Grade: | 3 |
| Repeated a school grade: | Yes |
| Child at mainstream school: | No |
| Require teacher's aide: | No |

Infant Information

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| Birth weight: | 3200 grams |
| Birth weight assesment: | Normal BW |
| Gestation: | 39 weeks |
| Gestation assesment: | Normal Term |
| Discharged at: | 5 days |
| Type of birth: | Caesarean |
| NICU/SCN: | No |
| Ventilated: | |

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| Breastfed for: | 9 months |
| Solids started at: | 6 months |
| Poor weight gain/feeding problems in first two years: | No |
| Immunisations up to date: | Up to date |

Concern about child's weight

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| Parent: | Very |
| Child: | A little |

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| Help Sought: | No |
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Health Problems

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| PedsQL impact of child's health on whole family: | No Problem | | |
| Asthma needing medication: | Yes | | |
| Mobility and/or joint problems: | No | | |
| Other hospital admissions: | Yes | Details: | Adenoids removal |
| Prescribed regular medications: | No | | |

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| Allergies: | No | | |
| Developmental delay: | No | | |
| Operations: | No | | |
| Other serious illness: | No | | |
| Steroid medication (current): | No | | |
| Steroid medication (ever): | No | | |

Child's Family History

| | Mother's side | Father's side |
|------------------------------------|---------------|------------------------|
| High blood pressure: | Mother | Grandmother |
| Heart attack: | | |
| Diabetes: | | |
| Stroke: | | |
| Lap band/weight reduction surgery: | Grandfather | |
| Early severe obesity: | | |
| High cholesterol or triglycerides: | | Mother; Grandmother |
| Polycystic ovary syndrome: | | |
| Thyroid problems: | | Grandmother |

Parent Health Now

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| General Health: | Excellent |
| Life difficulty: | Some |
| Serious psychological distress (K6): | No |
| Illness/Health conditions: | No |
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| Weight: | 72 kg |
| Height: | 164 cm |
| BMI: | 26 |
| BMI status: | Overweight |

Parent Health In Pregnancy

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| Weight gain: | 12 kg |
| Weight gain assessment: | Adequate |
| Back to pre-pregnant weight: | Yes |
| Problems during pregnancy: | None |
| Pregnancy problem details: | |

Spouse/Partner

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| Live with parent and child: | Yes |
| Relationships to child: | Father |
| Weight: | 99 kg |
| BMI: | 27 |

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| Spouse gender: | Male |
| General health: | Excellent |
| Height: | 189 cm |
| BMI Status: | Overweight |

Child Care

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| Who else play an important role in looking after child | Grandparents: 5 hours per week. |
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Child Sleep

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| Bedtime (weekday): | 10 pm |
| Regular Bedtime: | Sometimes |

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| Amount of Sleep/night | 9 hours |
| Sleep assessment: | Short |

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| Sleep problems ≥ 4 nights a week: | Difficulty getting to sleep at night; Not happy to sleep alone; Waking during the night |
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| Sleep problem: | Moderate |
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Child's Diet

Regular buy

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| Low fat or reduced fat milk: | Yes |
| Softdrink/Cordial/Fruit juice: | Yes |
| Diet Softdrink/Cordial: | Yes |
| Single-serve package snack food: | Yes |

Days of week (typical week)

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| Eat breakfast: | 7 days |
| Eat dinner at table with parents: | 7 days |
| Watch TV while eating meals/snack: | 4 days |
| Eat takeaway meals: | 5 days |

Child's activity

Days of week during typical week

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| Watch TV/DVD in own room: | 0 days |
| Do organised sport or physical activity: | 2 days |
| Attend creche/kinder/school: | 5 days |
| Walk to/from creche/kinder/school: | 5 days |
| Bike/scooter to/from creche/kinder/school: | 0 days |
| Child use public transportation: | 0 days |

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| Distance home to creche/kinder/school: | 2 km |
| Safe front or backyard where child can play: | Yes |
| Parent has to be present when child in yard: | No |
| Child has access to other safe play areas: | Yes |

Hours per day child spends

On creche/kinder/school days

On non-creche/kinder/school days

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| Outdoors for transport? | 0 hours 25 mins | 0 hours 0 mins |
| Outdoors for play/recreation? | 0 hours 30 mins | 3 hours 0 mins |
| Watching TV or DVD? | 5 hours 30 mins | 6 hours 0 mins |
| On the computer? | 1 hours 30 mins | 3 hours 0 mins |
| Playing video games? | 0 hours 0 mins | 0 hours 0 mins |