

3095 children assessed for eligibility in 4 clinics
(aged 2-4.9 years; BMI z-score 0-<3; without
prescribed diet or activity limitations)

2111 children measured in
2 clinics randomized to intervention

1127 ineligible
644 Age < 2 or > 5 years
483 BMI z-score < 0 or > 3

984 eligible

816 did provide informed consent

168 enrolled

69 missing at 3 months
Reasons:
43 no answer/ unable to contact
12 working
11 illness; other domestic issues
3 change of address

6 missing at 6 months
Reasons:
5 no answer/ unable to contact
1 change of address

99 with 3 month behaviors and BMI

109 with 6 month behaviors and BMI

93 complete 3 & 6 month follow-up

984 children measured in
2 clinics randomized to usual care

562 ineligible
283 Age < 2 or > 5 years
279 BMI z-score < 0 or > 3

422 eligible

284 did provide informed consent

138 enrolled

36 missing at 3 months
Reasons:
31 no answer/ unable to contact
5 change of address

4 missing at 6 months
Reasons:
2 no answer/ unable to contact
2 change of address

102 with 3 month behaviors (99 BMI)

102 with 6 month behaviors (99 BMI)

96 complete 3 & 6 month follow-up