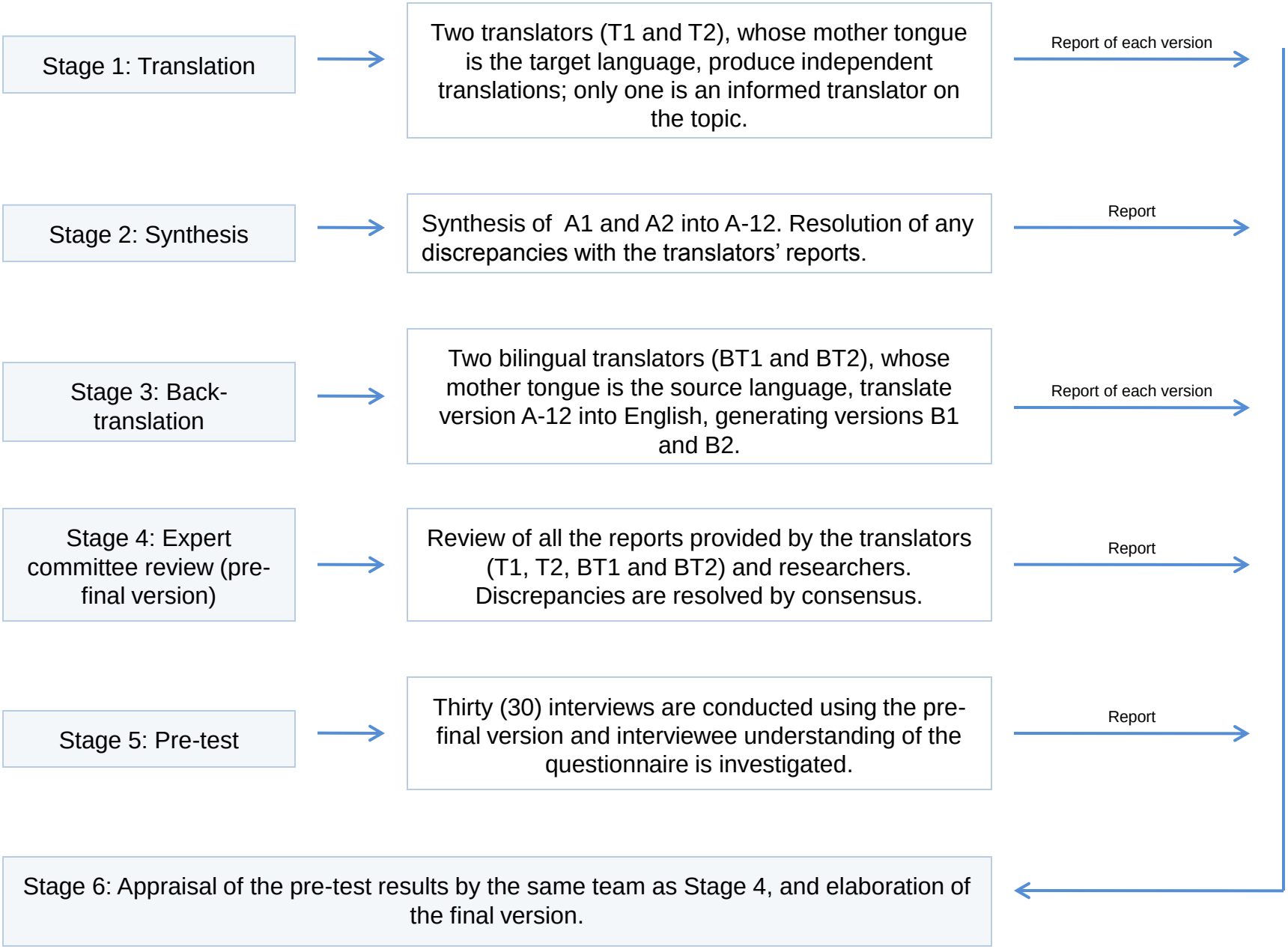

(Adapted from Beaton et al., 2002)