WHO GROWTH CHARTS FOR CANADA

BOYS

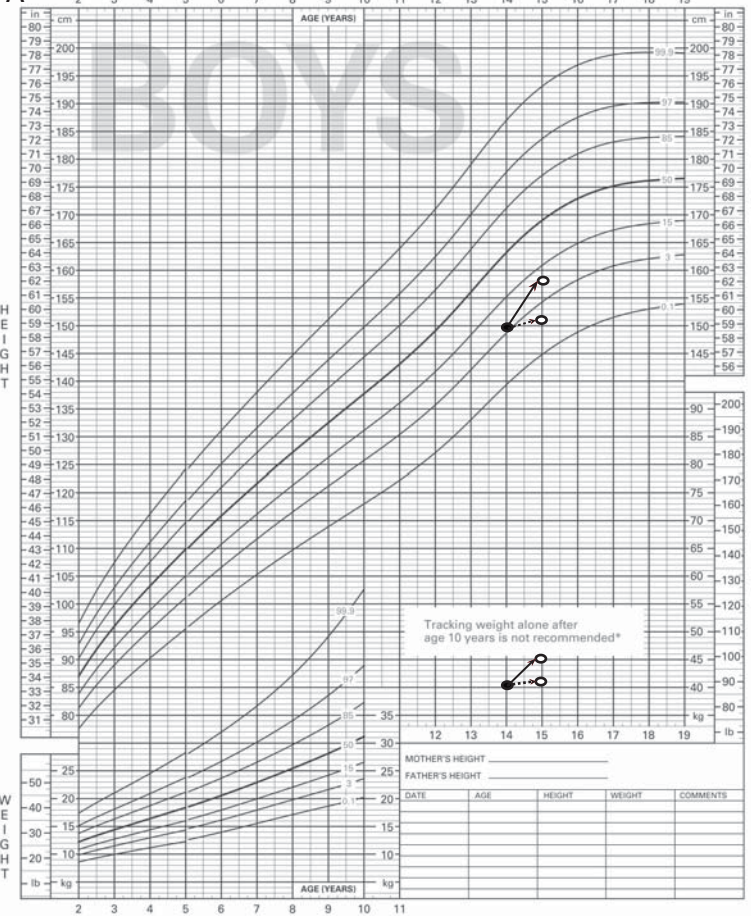
2 TO 19 YEARS: BOYS

Height-for-age and Weight-for-age percentiles

NAME: _____

DOB: _____ RECORD # _____

A



SOURCE: Based on the World Health Organization (WHO) Child Growth Standards (2006) and WHO Reference (2007) adapted for Canada by Dietitians of Canada, Canadian Paediatric Society, the College of Family Physicians of Canada and Community Health Nurses of Canada.

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*BMI is a better measure due to variable age of puberty.

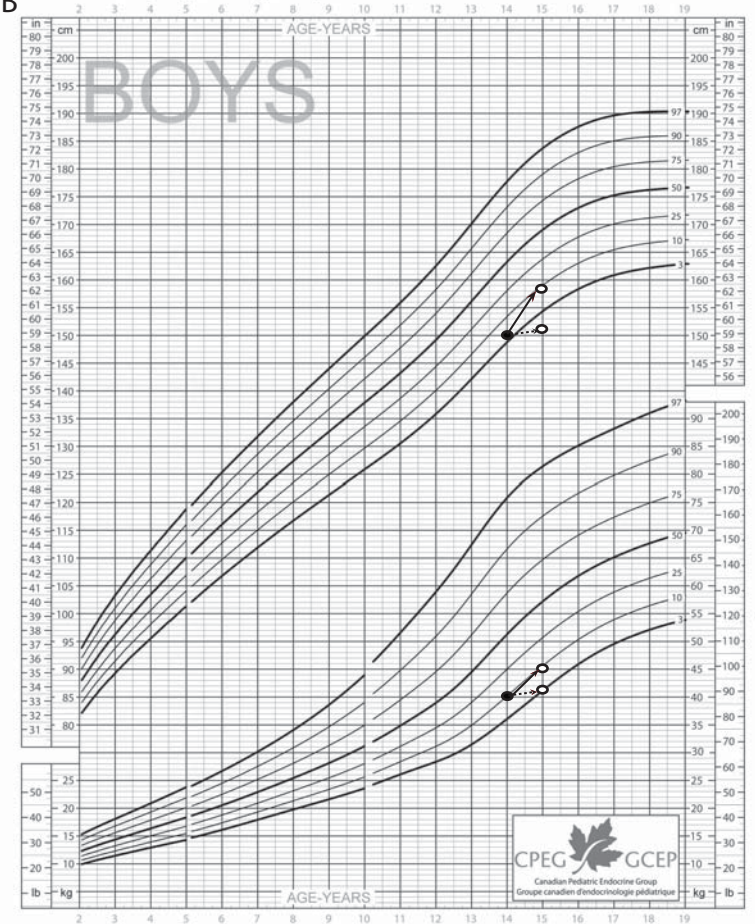
CPEG GROWTH CHART

Canadian Pediatric Endocrine Group

Adapted from WHO growth reference study and US NCHS data

2 TO 19 YEARS: Boys height and weight for age

B



These charts were produced for clinicians wishing to track changes in weight and height concurrently using World Health Organization (WHO) methods.
Sources: Height-for-age (2-19 yrs) and weight-for-age (2-10 yrs) from WHO standard (0-5 yrs, 2006) and reference (5-19 yrs, 2007); the WHO reference is based on core data from the US National Center for Health Statistics (NCHS) merged with data from the WHO multicenter growth reference study (MGRS). Since the MGRS is not in the public domain, only core data from NCHS were used for the new CPEG weight-for-age reference (10 -19 yrs). CPEG recommends tracking body mass index (BMI) after age 2.

CPEG/ GCEP Canadian Pediatric Endocrine Group / Groupe canadien d'endocrinologie pédiatrique, 2012 - details at http://cpeg-gcep.net