

Family recruitment
Phone call
Group pseudo-randomization

APAH Intervention
PWS (n=35), OB (n=50)

Wait-list Control
PWS (n=10), OB (n=20)

INTERVENTION PHASE

Baseline Assessment

- Child measurements
 - Physical activity
 - Motor proficiency
 - Central sensory integration
 - Body composition
 - Self-efficacy
 - Quality of life
- Parent questionnaire

1 week no contact

APAH curriculum training

9 parent phone calls

Mid-intervention Assessment

After 12 weeks of intervention

6 parent phone calls

Week 24 Physical Activity

Post-intervention or control assessment after 24 weeks

All measurements repeated

NO INTERVENTION PHASE

Baseline Assessment

- Child measurements
 - Physical activity
 - Motor proficiency
 - Central sensory integration
 - Body composition
 - Self-efficacy
 - Quality of life
- Parent questionnaire

23 weeks no contact

Week 24 Physical Activity

Receive intervention