

Interview guide - focus group with children in HSSP

Presentation game

In order for us to find out a little bit more about each other, one at a time can tell your name and what your favorite dish / favorite food is. (Little teddy bear - whoever holds it can say their name and favorite dish).

THE LESSONS

Overall question: ***What did you think about working with food and body movement?***

FOOD:

- ***When you talked about food - what did you talk about then? (Show example: show current images / things that remind)***
- ***What did you do during the lessons?***
- ***What did you think about it?***
- ***What did you find easy / good?***
- ***What did you find difficult / bad / less good / tricky?***
- ***Was it something that was too easy?***
- ***Was it something that was too difficult?***
- ***What do you others think?***
- ***Was it easy or difficult to understand when the teachers explained?***
- ***What was easy? What was difficult?***
- ***What do you think your teachers thought about it / the lessons?***
- ***How did you notice that?***
- ***What did the others in the class think about the lessons?***

PHYSICAL ACTIVITY / BODY MOVEMENT:

- ***When you talked about body movement - what did you talk about then? (Show example: show current images / things that remind)***
- ***What did you do during the lessons? (Put forward specific examples based on what the children mention)***
- ***What did you think about it?***

- ***What did you find easy / good?***
- ***What did you find difficult / bad / less good / tricky?***
- ***Was it something that was too easy?***
- ***Was it something that was too difficult?***
- ***What do you others think?***
- ***Was it easy or difficult to understand when the teachers explained?***
- ***What was easy? What was difficult?***
- ***What do you think the teachers thought about it / the lessons?***
- ***What did the others in the class think about the lessons?***

THE WORKBOOKS

Overall question: ***When you worked with food and body movement, how did you work with it at home - (if you did)?***

Do you remember this one? (Show the 'workbook')

- ***What did you do with it?***
- ***Who did you do these things with? (Give specific examples based on what the children mention)***
- ***What did you find easy / good?***
- ***What did you find difficult / bad / less good / tricky?***
- ***When you had this - did you do something special, or different at home? (Show workbook)***
- ***If filled in at home: What did mom and dad think about this? (Siblings, others?)***
- ***If filled in at school: What was it like doing it with the others in the class?***