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Version 3.0

PARENT REPORT for YOUNG ADULTS (ages 18-25)

DIRECTIONS

Young Adults with heart conditions sometimes have special problems. On the following page is a list of things that might be a problem for **your child**. Please tell us **how much of a problem** each one has been for **your child** during the **past ONE month** by circling:

0 if it is never a problem

1 if it is almost never a problem

2 if it is sometimes a problem

3 if it is often a problem

4 if it is almost always a problem

There are no right or wrong answers.

If you do not understand a question, please ask for help.

In the past ONE month, how much of a problem has your child had with ...

HEART PROBLEMS AND TREATMENT (problems with)	Never	Almost Never	Some- times	Often	Almost Always
Getting out of breath while doing sports activity or exercise	0	1	2	3	4
Chest pain or tightness while doing sports activity or exercise	0	1	2	3	4
Catching colds easily	0	1	2	3	4
4. Fast heartbeat	0	1	2	3	4
5. His/her lips turning blue when running	0	1	2	3	4
6. Waking up at night with trouble breathing	0	1	2	3	4
7. Having to rest more than his/her friends	0	1	2	3	4

If your child is currently taking heart medicine, please answer the following... Otherwise, please skip to "Perceived Physical Appearance".

TREATMENT II (problems with)		Almost Never	Some- times	Often	Almost Always
Refusing to take heart medicine	0	1	2	3	4
Difficulty taking heart medicine	0	1	2	3	4
Forgetting to take heart medicine	0	1	2	3	4
4. Heart medicine making him/her feel sick	0	1	2	3	4
5. Worry about side effects from his/her medicine	0	1	2	3	4

PERCEIVED PHYSICAL APPEARANCE (problems with)		Almost Never	Some- times	Often	Almost Always
1. Feeling that he/she is not good looking	0	1	2	3	4
2. Not liking other people to see his/her scars	0	1	2	3	4
Being embarrassed about others seeing his/her body	0	1	2	3	4

TREATMENT ANXIETY (problems with)		Almost Never	Some- times	Often	Almost Always
Getting anxious when waiting to see the doctor	0	1	2	3	4
Getting anxious about going to the doctor	0	1	2	3	4
Getting anxious about going to the hospital	0	1	2	3	4
Getting anxious when he/she has to have medical treatments	0	1	2	3	4

In the past **ONE month,** how much of a **problem** has your child had with ...

COGNITIVE PROBLEMS (problems with)	Never	Almost Never	Some- times	Often	Almost Always
Figuring out what to do when something bothers him/her	0	1	2	3	4
2. Trouble solving math problems	0	1	2	3	4
3. Trouble writing papers or reports	0	1	2	3	4
4. Difficulty paying attention to things	0	1	2	3	4
5. Remembering what he/she reads	0	1	2	3	4

COMMUNICATION (problems with)		Almost Never	Some- times	Often	Almost Always
1. Telling the doctors and nurses how he/she feels	0	1	2	3	4
Asking the doctors or nurses questions	0	1	2	3	4
3. Explaining his/her heart problem to other people	0	1	2	3	4