

Additional file 1: topic guide

About parents' experience of the developmental assessments

This topic guide was translated from Danish to English after interviews were conducted.

Introduction	<ul style="list-style-type: none">• Give information about the study.• Introduction of the interviewer and her part in the study.• Get oral consent to participation, recording and storage of data.
Background	<ul style="list-style-type: none">• Would you tell me a little bit about you and your family? (should cover age, education, job, family constellation)• How were you introduced to Project Family Wellbeing?• What thoughts did you initially have about the project when it was introduced to you? • Who conducted your child's developmental assessments?• How much contact did you have with him/her/them prior to the developmental assessments?• How is your overall relationship with the clinician(s) who conducted the developmental assessments?
Developmental assessment	<p>Try to think back to a specific child developmental assessment you have been to with your child that is part of the Family Wellbeing Project.</p> <ul style="list-style-type: none">• Which developmental assessment are you thinking of?
Expectations	<ul style="list-style-type: none">• Please try to describe your expectations prior to the developmental assessment.<ul style="list-style-type: none">• If older siblings: were these expectations different from when you were at your older child's developmental assessments?
Experience	<ul style="list-style-type: none">• Please try to describe how you experienced the developmental assessment from beginning to end.• What was different, if anything, compared to your expectations?<ul style="list-style-type: none">• If older siblings: was there anything different compared to developmental assessments of your older child?• Was there anything in particular which the clinician helped you with?<ul style="list-style-type: none">• If yes: would you care to elaborate?• Did you experience anything positive in the way the developmental assessment was conducted?

	<ul style="list-style-type: none"> • Did you experience anything negative in the way the developmental assessment was conducted? • Did anything feel uncomfortable or to be overstepping your boundaries? <ul style="list-style-type: none"> • If yes: would you care to elaborate? • Could anything have been handled better? <ul style="list-style-type: none"> • If yes: would you care to elaborate? • What do you think about the questions that the clinician asked? • Was there anything else you would have liked to discuss during the developmental assessment? <ul style="list-style-type: none"> • If yes: would you care to elaborate?
Health Belief Model	<ul style="list-style-type: none"> • What do you find appropriate to talk to [clinician's name] about? • What do you find appropriate to discuss at the developmental assessment? • Are there any topics you would not feel like discussing at the developmental assessment? <ul style="list-style-type: none"> • If yes: would you care to elaborate? • Would you want to discuss concerns related to your mood, relationship with your partner or other family member, your finances or accommodation? <ul style="list-style-type: none"> • Do you find these topics relevant to the developmental assessment? • Do you think mental or social aspects in the family affect a young child? <ul style="list-style-type: none"> • If yes: would you care to elaborate? • What could encourage you to open up about personal aspects? • What would inhibit you from discussing personal aspects? • What kind of help do you think the clinician can provide if you bring up that type of personal problem?
Closure	<ul style="list-style-type: none"> • What is your overall thought on clinicians addressing mental and social aspects at the developmental assessment? • Is there anything you would like to add towards the end? <p>Thank you so much for your time and your contribution.</p>