ANTENATAL STRESSORS

Antenatal anxiety

Major life events
   eg. miscarriage,
   financial
   difficulties

PERSONAL RESOURCES

Low self-esteem

Negative cognitive style

Low social support

PREDISPOSING FACTORS

Low income
History of depression
History of abuse
Young age*
Less education*

CONTEXT: Adjustment Difficulties in Pregnancy, Birth and Motherhood

ANTENATAL DEPRESSION	POSTNATAL DEPRESSION	PARENTING STRESS
Depressive symptoms	Depressive symptoms	Early parenting stress
		Problems in mother-infant dyad

Legend

* Correlated but not predictive of any outcomes