

New patients registration in specialized mental health care, signed by the GP

**Screening of in- and exclusion criteria
in new patients by Registration
Department**

**If a patient qualifies, the department
distributes the patient information to
MIDA. MIDA applies randomization
schedule and assigns the patient to
the correct condition**

**Planning Department notes intake
appointment in the diary of the
therapist in the correct condition**

Intake intervention therapist

Intake control therapist

**After intake intervention patient is
asked to participate in research and
sign consent**

**After intake control patient is asked
to participate in research and sign
consent**

**Baseline measure,
Two weeks after intake. N=75**

**Baseline measure,
Two weeks after intake. N=75**

Start intervention treatment

Start control treatment

**First Follow-up measure,
Four weeks after start treatment**

**First Follow-up measure,
Four weeks after start treatment**

**Second Follow-up measure,
16 weeks after start treatment**

**Second Follow-up measure,
16 weeks after start treatment**