

Records identified through database searching
(n = 525)

Excluded based on title or
Abstract (n = 404)

Full-text retrieved (n = 121)

Excluded: No RCT (n = 33)
Pharmacotherapy trials (n = 26)
Not exclusively
psychotherapy (n = 25)
Other reasons (n = 24)

Included (n = 13)

Cardiovascular (n = 5)

Stroke (n = 3)

Prostatic hyperplasia (n = 2)

Diabetes mellitus (n = 1)

Leukemia (n = 1)

Other (n = 1)