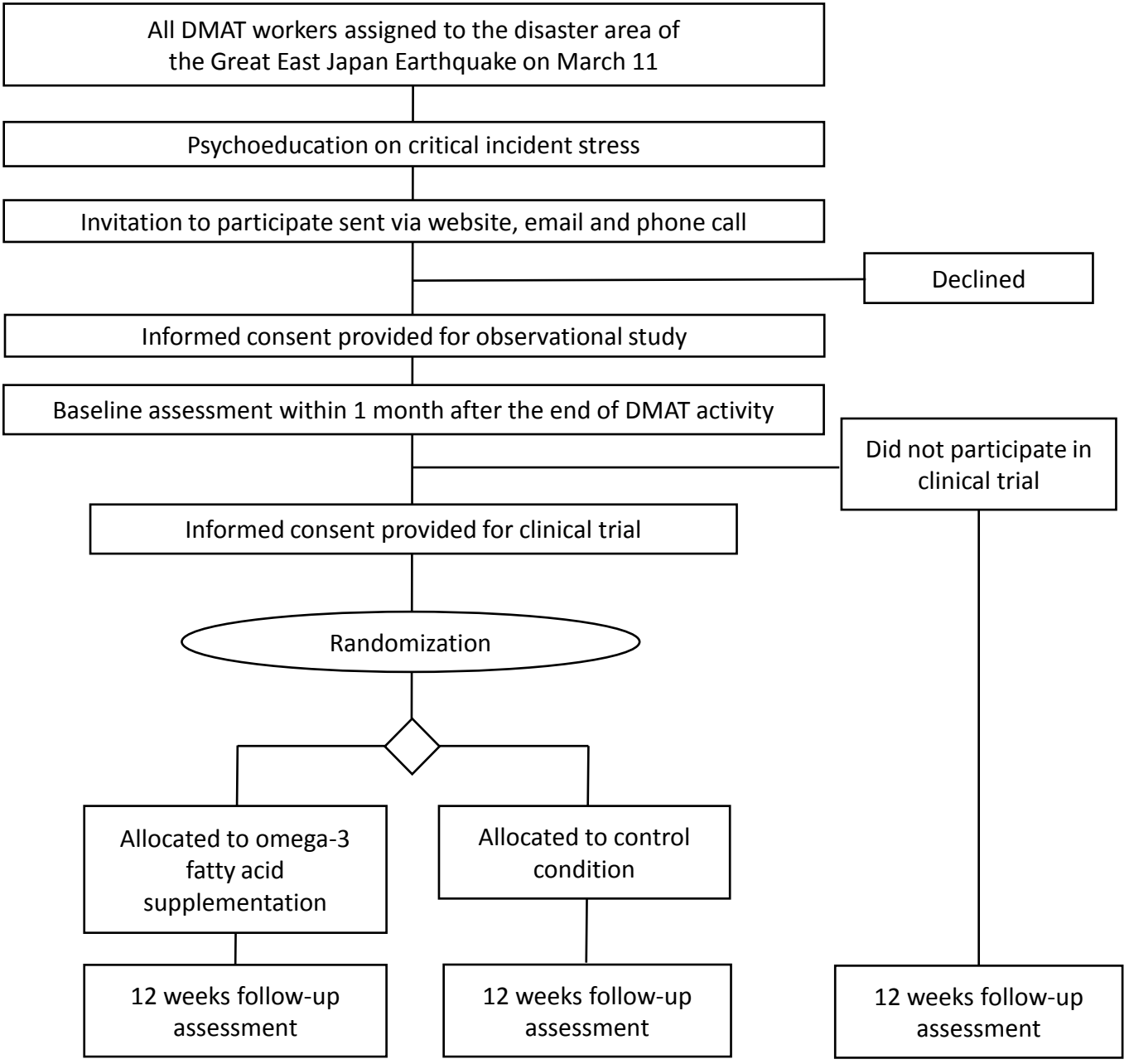
All DMAT workers assigned to the disaster area of the Great East Japan Earthquake on March 11
Psychoeducation on critical incident stress
Invitation to participate sent via website, email and phone call
Declined
Informed consent provided for observational study
Baseline assessment within 1 month after the end of DMAT activity
Did not participate in clinical trial
Informed consent provided for clinical trial
Randomization
Allocated to omega-3 fatty acid supplementation
Allocated to control condition
12 weeks follow-up assessment
12 weeks follow-up assessment
12 weeks follow-up assessment