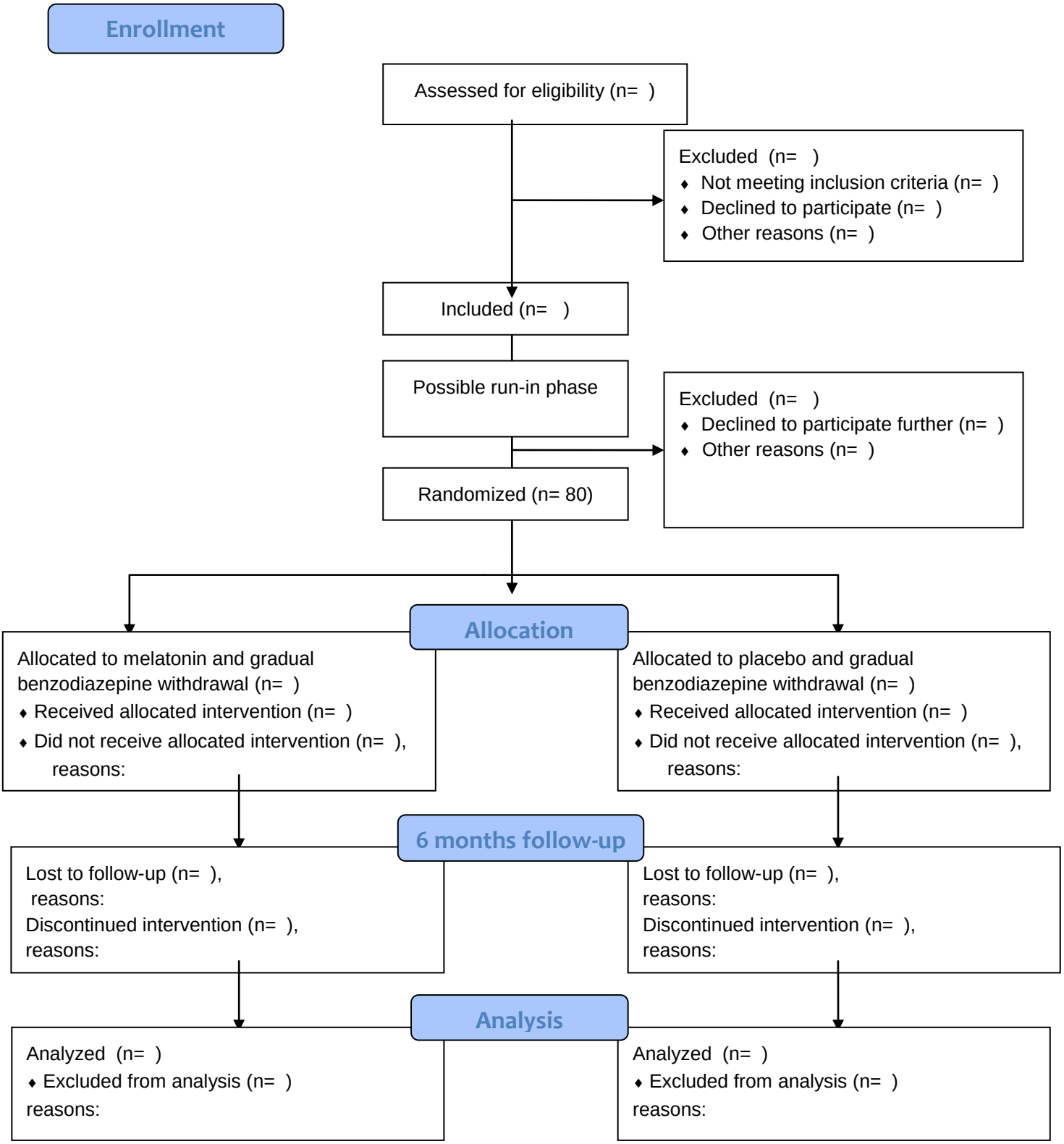
Enrollment
Assessed for eligibility (n=)
Excluded (n=)
Not meeting inclusion criteria (n=)
Declined to participate (n=)
Other reasons (n=)
Included (n=)
Possible run-in phase
Excluded (n=)
Declined to participate further (n=)
Other reasons (n=)
Randomized (n= 80)
Allocation
Allocated to melatonin and gradual benzodiazepine withdrawal (n=)
Received allocated intervention (n=)
Did not receive allocated intervention (n=), reasons:
Allocated to placebo and gradual benzodiazepine withdrawal (n=)
Received allocated intervention (n=)
Did not receive allocated intervention (n=), reasons:
6 months follow-up
Lost to follow-up (n=), reasons:
Discontinued intervention (n=), reasons:
Lost to follow-up (n=), reasons:
Discontinued intervention (n=), reasons:
Analysis
Analyzed (n=)
Excluded from analysis (n=)
reasons:
Analyzed (n=)
Excluded from analysis (n=)
reasons: