Table 1. Characteristics of respondents meeting DSM-IV MDE criteria (n=915) and of clinics where they sought care (n=65) in the Dialogue Project in 2008

Characteristics of respondents	
Predisposing factors	
Age (mean (sd))	43.8 (13.9)
Sex	
Female	75 %
Male	25 %
Education level	
High school or less	45 %
College	29 %
University	26 %
Marital status	
Married / living common-law	51 %
Widowed / separated / divorced	22 %
Single	28 %
Enabling factors	
Perception of Economic Situation	
Poor or Very Poor	30 %
Well off / meet basic needs	70 %
Have a family physician	
Yes	83 %
No	17 %
Have a supplementary insurance coverage	
Yes	58 %
No	42 %
Need factors	
Severity of depressive symptoms (HADS depression sub-scale (mean (sd))	7.7 (4.4)
At least one comorbid Anxiety Disorder (GAD, Agoraphobia, SP, PD)	
Yes	55 %
No	45 %
Perceived Mental Health as	
Poor or Moderate	43 %
Good or Very Good or Excellent	57 %
Depression Episode	
in Previous 6 months	75 %
Between 6 and 12 months ago	25 %
First Occurrence of Symptoms	
> 5 years	70 %
≤ 5 years	30 %
Comorbid Chronic Illnesses	

0	22 %
1	23 %
2	20 %
3 or more	35 %

Characteristics of clinics

Psychotherapy available on-site

Yes	62 %
No	38 %

Presence of a case manager for patients suffering from anxiety or depressive disorders

Yes	46 %
No	54 %

Number of GP using treatment algorithms with individuals suffering from anxiety or depressive disorders

None/Some	68 %
All/Most	32 %

Inadequate mode of remuneration to offer an "optimal level" of care for patients suffering from anxiety or depressive disorders

Not at all / Slightly	14 %
Fairly	31 %
Highly	35 %

Lack of time for follow-up to offer an "optimal level" of care for patients suffering from anxiety or depressive disorders

Not at all / Slightly	14 %
Fairly	46 %
Highly	40 %