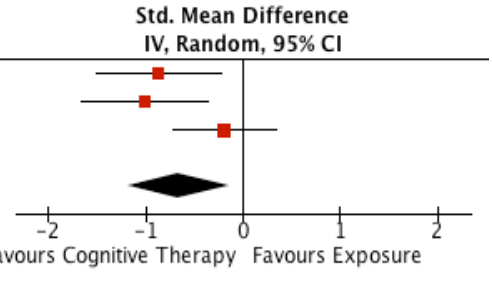
Study or Subgroup	Std. Mean Difference	SE	Weight	Std. Mean Difference IV, Random, 95% CI
Clark 2003	-0.87	0.33	31.4%	-0.87 [-1.52, -0.22]
Clark 2006	-1.01	0.33	31.4%	-1.01 [-1.66, -0.36]
Hofmann 2004	-0.19	0.27	37.2%	-0.19 [-0.72, 0.34]
Total (95% CI)			**100.0%**	**-0.66 [-1.19, -0.14]**

Heterogeneity: $Tau^2 = 0.12$; $Chi^2 = 4.51$, df = 2 (P = 0.11); $I^2 = 56\%$

Test for overall effect: Z = 2.47 (P = 0.01)