



Precursors

Consequences

ATTITUDINAL PRECURSORS

People see me as an unfit parent

People are not understanding or sympathetic

People have not appreciated what I need

BARRIERS TO PARENTHOOD

I am stopped from having children

I am not allowed to see my children

RESOURCE CONSEQUENCES

I am not getting the support I need

CHILD-RELATED CONSEQUENCES

My children are affected

My children avoid me

INTERPERSONAL CONSEQUENCES

I am undermined as a parent

I am not listened to or taken seriously

My child's difficulties are blamed on my mental health problem

