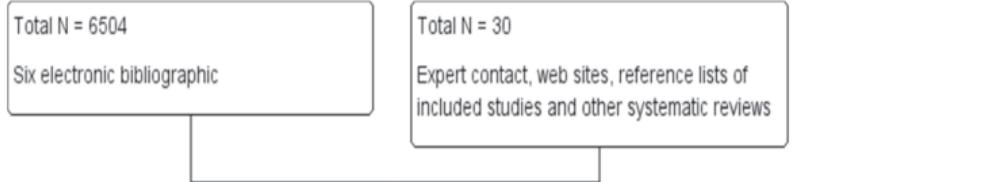


Identification



4888 studies after duplicates removed

Screening

4888 studies were screened by one author, using titles and abstracts

4820 studies were excluded. Titles and abstracts which were very unlikely to be relevant

65 studies were screened by at least two authors, using titles and abstracts

29 studies were excluded. Titles and abstracts which were very unlikely to be relevant

22 studies were excluded

- Not trials with participants >18 years old: 6
- Non-CBT computerised self-help: 4
- Different outcome from our inclusion criteria: 2
- Quasi-factorial RCT by internet-support group: 1
- Non-depression specific intervention: 1
- No ITT, allocation concealment: 1
- Not regarded as self-help: 1
- Economic evaluation: 3
- Combination of CCBT plus TAU versus TAU: 3

36 of full-texts were obtained and assessed for eligibility by at least two authors

Eligibility

A Total of 14 studies (16 comparisons) met the selection criteria and were included

Included