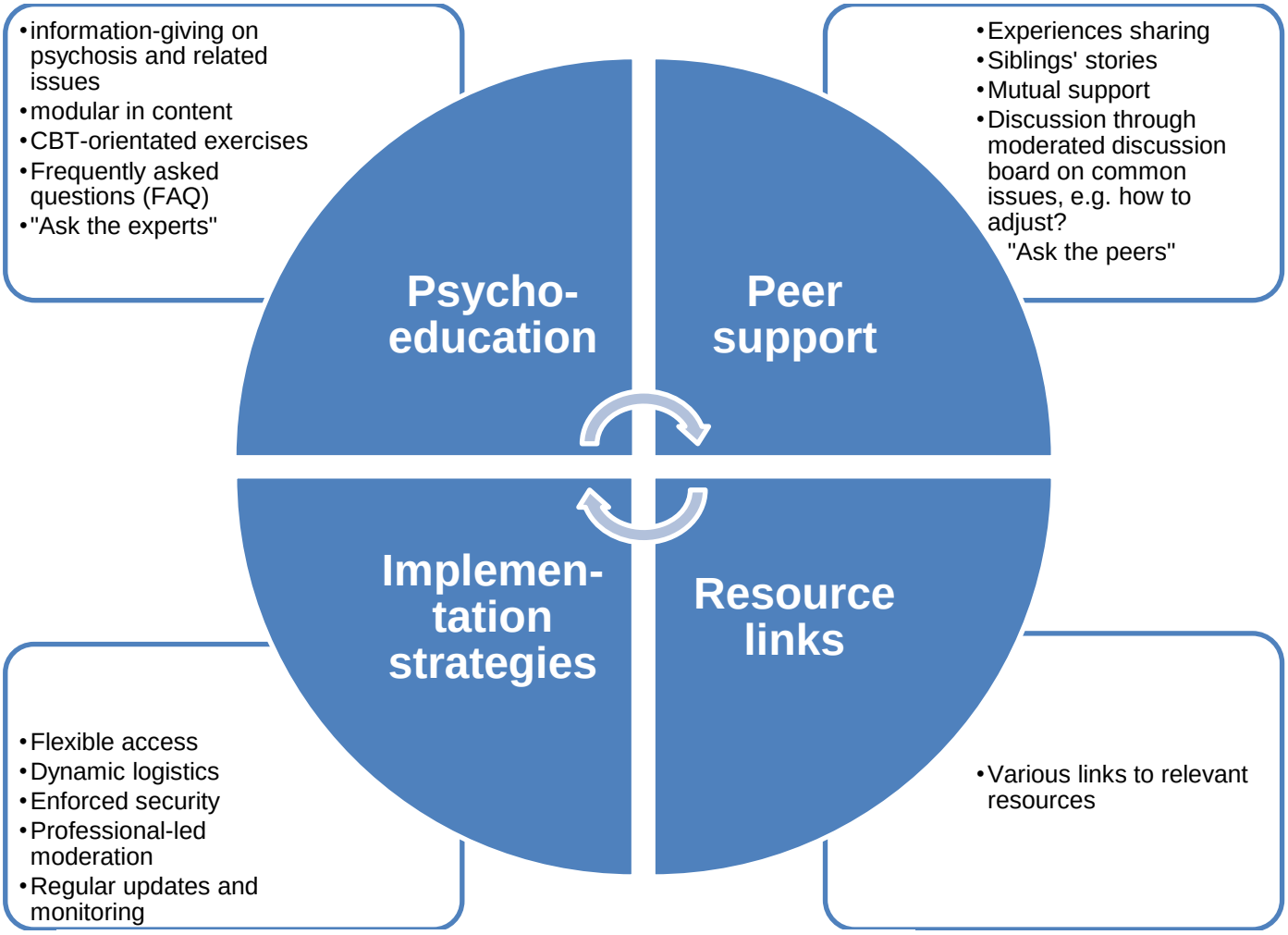
• information-giving on psychosis and related issues
• modular in content
• CBT-orientated exercises
• Frequently asked questions (FAQ)
• "Ask the experts"
Psycho-education
Peer support
• Experiences sharing
• Siblings' stories
• Mutual support
• Discussion through moderated discussion board on common issues, e.g. how to adjust?
"Ask the peers"
Implementation strategies
Resource links
• Flexible access
• Dynamic logistics
• Enforced security
• Professional-led moderation
• Regular updates and monitoring
• Various links to relevant resources