



1. Referral, intake process and diagnostics

2. Does the client meet inclusion and exclusion criteria?

3. Yes, information is given about the study

3. No, exclusion from study

4. Yes, informed consent

4. No, exclusion from study

5. Pretest

Permission asked to use diagnostic data

6. Randomisation (n = 140)

CBT (n = 70)

TAU (n = 70)

7. Start Intervention

8. After 5 sessions; mediator test 1

. After 10 sessions; mediator test 2

10. Posttest (after 15 sessions or 20 weeks)

Therapist
fills
in
the
TPC
each
session

11. 6 month follow-up (6 months after posttest)

12. 12 month follow-up (12 months after posttest)