

recruitment of patients waiting for inpatient psychotherapy

T₀: baseline assessment (diagnostic interview)
pre-intervention

exclude: acute psychosis, bipolar
disorder, high suicidal risk

participants are randomised

TAU

GetOn-D + TAU

T₁₋₂: weekly
monitoring

T₃: post-intervention
primary outcome

T₄: pre-inpatient therapy

T₅₋₉: weekly monitoring during inpatient
therapy

T₁₀: post-inpatient therapy