

## Enrollment

Interested in participation

Screening

Assessment I - Baseline

Randomisation (N=260)

Exclusion:

- ◆ CES-D > 22
- ◆ risk of suicide (BDI II suicide item >1, SCID)
- ◆ current psychotherapeutic treatment / being present on a waiting list for such treatment
- ◆ pregnancy

## Allocation

Intervention group (n= 130)

- ◆ receive GET.ON M.D.

Control group (n= 130)

- ◆ receive online psychoeducation on depression

## Follow-up

Assessment II: 8 weeks after randomisation

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Assessment III: 6 months after randomisation

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Assessment IV: 12 months after randomisation

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