

# Screening of GAD-diagnosis

Participants with a GAD-diagnosis based on the DSM-V criteria (N = 60)

Randomisation

n = 20

n = 20

n = 20

Manualized CBT protocol for GAD

**Adherence priming**

mid (6-week) & post (14-week assessment)

6-month follow up

Manualized CBT protocol for GAD

**Resource priming**

mid (6-week) & post (14-week assessment)

6-month follow up

Manualized CBT protocol for GAD

**Supportive resource priming**

mid (6-week) & post (14-week assessment)

6-month follow up