

Patients referred to Arkin or de
Viersprong: N=495

Not meeting inclusion criteria
N=341

Patients meeting inclusion criteria
N=154

Refusing to participate in the trial
N=46

Patients signing informed consent
N=108

Randomization and baseline
assessment
N=108

MBT-DH
N=54

TAU
N=54

Patients are measured
at 6, 12, 18, 24, 30
and 36 months after
start of treatment

Patients are measured
at 6, 12, 18, 24, 30
and 36 months after
start of treatment

