**Figure 1: Breakdown of study sample with code names indicated**

10 caregivers (CG) of those with severe mental disorder

* Maternal depression (MD) – 20
* Depression with HIV+ (DH)- 15
* Schizophrenia & Bi-polar - 10

87 participants

45 service users

* Nurses (N)– 10
* Lay counsellors (LC) – 20
* Auxiliary social workers (ASW) - 2

32 health care srevice providers