**Additional File 1: Focus Group & Telephone Interview Schedule:**

**Users/Carers/Professionals**

**Structure**

1. Welcome & Study background
2. Purpose of group and ethical considerations/provision
3. Timetable & Tasks
4. Ground rules (including confidentiality, respect for other people’s opinions, free to answer question or not etc.)
5. Getting to know each other

**Current Perspectives**

* What does ‘physical health’ mean to you?
  + What aspects of physical health are most important to you?
  + What would you most like help with?
* What does ‘care-planning’ mean to you?
  + Is it an easy process to understand?
* In your experience, what are the attitudes of staff in mental health and social care services to care planning for physical health issues?
  + What helps?
  + What hinders understanding?
  + Is it easy to express lack of understanding?
* Do you think that a care plan influences the nature of physical health care that users receive?

**Current Processes:**

* In your experience of care planning for physical health issues:
  + Do ‘staff listen to the concerns of patients?’
  + Do staff respect the knowledge & expertise of users/carers?
  + Is there sufficient ‘patient involvement in making decisions about care’?
* Thinking about the role of the care coordinator, what assistance have they given you to help your physical health [revise for professionals, what assistance have they given service users/carers to help them with their physical health?]
  + What else could they/should they have done?
* What is the most important thing users and carers bring to physical health care planning?
* What information do users get about physical health services?
* How frequently do care planning meetings for physical health take place?
  + Who normally attends
  + Where do they take place?
  + How suitable is attendance/location for you?
* What happens at these meetings (structure and content)?
* What is the communication style of the meeting?
  + Could this be improved in any way?
* What aspects of your physical health do you think needs to be recorded on a care plan? Why?
* Do you know what happens to a care plan once it has been completed?
  + Do service users know how to access the care plan? Where is it stored?
  + Who uses it?

**Outcomes:**

* Do care plans for physical health have a useful impact?
  + For users/carers?
  + For mental health/social care organisations?
* Can you share any examples of good outcomes as result of care planning?
  + Any bad care planning outcomes?
* What are the essential ingredients for good physical health care planning?
* What information on care planning would be useful for users and carers?
* How good are different mental health and social care professionals at care planning for physical health?
  + Any differing experiences with different professional groups?

**User Involvement:**

* Do you users and cares feel involved in care planning processes?
  + Do you/they want to be involved?
  + What do you think would be a suitable level of involvement?
* What might be the benefits of involving users/carers in care planning for physical health?
  + What might staff learn from users/carers?
* Could there be any disadvantages to increasing user/carer involvement?
* What support would users and carers need to become more fully involved with care planning for physical health?
  + Knowledge?
  + Resources?