Appendix 3: Consumer characteristics

urce(s)		Service classification		Cohort details					Demographics						Restrictiv	Dx	Co-morbidity				Impairment				
Study	Reference(s)	Service Type	Service name	Cohort type	Sample size	State	Year START	Year END	Mean Age	Male	Australian born	ATSI	Unemployment	Community admission	Involuntary treatment	Guardianship order	Primary Dx - F20-F29 ^k	Substance use ¹	Developmental Disorder	Personality disorder	Acquired brain injury	Dhysical illasss	Mean Total LSP-16	Mean total HoNOS	Mean CPZ eq ^m (mg)
ncluded records presenting ur																									
QMHBU ^c (2017) ^d		TRR +/-		Cross sectional (current residents)			2017	-	36				70%		58%	37%	85%	30%	-	-		3%	-	-	573.2
QMHBU (2015) ^d		TRR +/-		Cross sectional (current residents)			2015	-			81%	8%	-		65%	38%	90%	21%		6%		0%			610.2
Parker et al. (2017, 2018) ^{d,e}	[3]	TRR +/-		Service commencement	24	QLD		2016	30 (7.8)	75%	-	-	100%	67%	50%	-	87%	54%	8%	8%					646 (411)
Meehan (2017) et al			CCU	Cross sectional (current residents)			2013	-	39	-	-	-	-	-	38%	36%	84%	-	-	-		-	17.5 (8.7)	12.7 (6.4)	
QMHBU (2011)			CCU	Cross sectional (current residents)		QLD	2011	-			82%		-	-	72%	33%	93%	27%	-	-		0%	-	-	684.7
QMHBU (2009)	[6]	TRR	CCU	Cross sectional (current residents)	85	QLD	2009	-	35	80%	88%	12%	-	-	67%	72%	94%	31%	-	-	- 29	9%	-	-	727.9
Barnett et al (2011) ^f	[7]	TRR	CRU	Case series	238	SA	2007	2010	32	75%	-	5%	-	81% ^g	7%	-	80%	4%	2%	4%	- 39	%	-	16.5	-
QMHBU (2007)	[8]	TRR	CCU	Cross sectional (current residents)	92	QLD	2007	-	36	75%	89%	16%	-	-	67%	46%	93%	22%	-	-	- 44	4%	-	-	-
Smith, Williams & Lefay (2009)	[9]	TRR	Hawthorne House	Case series	39	WA	2006	2008	33	49%	-	-	-	0% ⁱ	-	-	71%	-	-	-			-	-	-
QMHBU (2005)	[10]	TRR	CCU	Cross sectional (current residents)	76	QLD	2005	-	35	67%	-	7%	-	-	70%	-	88%	-	-	-	- 22	2%	-	-	-
Trauer (2001) ^h	[11]	C-BRC	ccu	Case series	20	VIC	1997	1998	43 (9.8)	60%	-	-	-	0%	95%	-	100%	15%	15%	-	- 20	0%	-	-	936
Frauer (2001) et al ^h	[12]	C-BRC	CCU	Service commencement	125	VIC	1996	-	44	62%	-	-	-	0%	86%	-	97%	-	-	-	- -		-	-	775
Hamden (2011) et al	[13]	C-BRC	CCU	Current and past service users	121	VIC	1996	2007	38	67%	-	-	-	-	-	-	-	-	-	-	- -		-	-	-
Hobbs et al (2002)~	[14]	C-BRC	Community Residences	Service commencement	47	NSW	1994	-	41	53%	83%	-	-	0%	-	-	98%	-	2%	-	- -		-	-	1127
Farhall et al. (2003) ^h	[15]	C-BRC	CCU	Service commencement	85	VIC	1994	1999	42 (9.8)	64%	-	-	-	0%	84%	-	92%	-	-	-	- -		-	-	-
Excluded records: Follow-up de																									
	[16]		CCU	Follow-up (8 years post)	18	VIC	2003	-	-	-	-	-	100%	0%	-	-	100%	17%	28%	6%	- 83	3%	22.1	16.2	-
Excluded records: Nil description																									
Munro (2007) et al	[17]		CCU	Single case study	1	-	2007	-	-	-	-	-	-	-	-	-	-	-	-	-	- -		-	-	-
McKenna (2016) et al	[18]	rrr	CCU	Qualitative interviews	7	-	2014	-	-	-	-	-	-	-	-	-	-	-	-	-				-	-

Notes

- ^a For longitudinal cohort data, the earliest time-point of data collection is added when available to each cell
- Where relevant and available standard deviations are listed in brackets () following the mean score, where decimal points for the mean values are available these are presented at the level of one decimal point.
- Queensland Mental Health Benchmarking Unit (QMHBU) associated publications (formerly Service and Evaluation Research Unit)
- d At least partial overlap is anticipated across these studies due to the combination of cross-sectional data and service commencement cohorts
- The same cohort is considered across both studies, only the reference for the earliest published study is provided
- The actual sample size for each variable is not consistent, n=238 represented maximal cohort size
- Referral data based on the total referrals during the study period (n=266) not the accepted referrals (n=238)
- h Anticipated at least partial overlap of cohort data, as all records related to the initially deinstitutionalised Victorian consumer group
- Inferred from the documented requirement for service entry for referrals to be made from current inpatient mental health consumers
- Identification as being of Aboriginal and/or Torres Strait Islander descent
- ^k Schizophrenia spectrum disorders reflecting diagnoses (or equivalent diagnoses) of the International Classification of Diseases codes F20-29.x
- Any co-morbid substance use disorder excluding tobacco-related disorders.
- m Mean Chlorpromazine Dose equivalence (as documented in the associated record).

REFERENCES

- Queensland Mental Health Benchmarking Unit (QMHBU): Community Care Units (CCU) Benchmarking Report 2017. In.;
 2017.
- Queensland Mental Health Benchmarking Unit: Community Care Units: Benchmarking report 2015 Queensland Mental Health Benchmarking Unit. In. Wacol, Qld: Mental Health, Alcohol and Other Drugs Branch, Department of Health (Queensland); 2015.
- 3. Parker S, Dark F, Newman E, Hanley D, McKinlay W, Meurk C: **Consumers' understanding and expectations of a community-based recovery-oriented mental health rehabilitation unit: a pragmatic grounded theory analysis**. *Epidemiology and psychiatric sciences* 2017:1-10.
- 4. Meehan T, Stedman T, Parker S, Curtis B, Jones D: **Comparing clinical and demographic characteristics of people with mental illness in hospital- and community-based residential rehabilitation units in Queensland**. *Aust Health Rev* 2017, **41**(2):139-143.
- Queensland Mental Health Benchmarking Unit: Multi-site benchmarking of Community Care Units and Extended
 Treatment & Rehabilitation Mental Health Services Comparative benchmarking report 2011 Queensland Mental Health
 Benchmarking Unit. In. Wacol, Queensland: Queensland Mental Health Benchmarking Unit,; 2011.
- 6. Jones D, Neuendorf K, Denkel N: **Multi-site benchmarking of Extended Treatment & Rehabilitation and Dual Diagnosis Inpatient Mental Health Services**. In. Wacol, Queensland: Queensland Mental Health Benchmarking Unit; 2009.
- 7. Barnett K, Guiver N, Cheok F: **Evaluation of the Three Community Rehabilitation Centres: FINAL REPORT**. In. Edited by Health S. South Australia: SA Health; 2011.
- 8. Davidson F, Jones D, Neuendorf K: **Multi-site benchmarking of Extended Treatment & Rehabilitation and Dual Diagnosis Inpatient Mental Health Services Benchmarking report (2007)**. In. Wacol, Queensland: Queensland Mental Health Benchmarking Unit; 2007.

- 9. Smith G, Williams T, Lefay L: Evaluating the Hawthorn House Rehabilitation Service. In. Perth: Department of Health; 2009.
- 10. Meehan T, Neuendorf K: Multi-site benchmarking of Extended Treatment & Rehabilitation and Dual Diagnosis Services Benchmarking Report (2005). In. Wacol, Queensland: Service Evaluation and Research Unit, The Park Centre for Mental Health, Brisbane; 2005.
- 11. Trauer T: Symptom severity and personal functioning among patients with schizophrenia discharged from long-term hospital care into the community. *Community mental health journal* 2001, **37**(2):145-155.
- 12. Trauer T, Farhall J, Newton R, Cheung P: **From long-stay psychiatric hospital to Community Care Unit: evaluation at 1 year**. *Social psychiatry and psychiatric epidemiology* 2001, **36**(8):416-419.
- 13. Hamden A, Newton R, McCauley-Elsom K, Cross W: **Is deinstitutionalization working in our community?** *International journal of mental health nursing* 2011, **20**(4):274-283.
- 14. Hobbs C, Newton L, Tennant C, Rosen A, Tribe K: **Deinstitutionalization for long-term mental illness: a 6-year evaluation**. *The Australian and New Zealand journal of psychiatry* 2002, **36**(1):60-66.
- 15. Farhall J, Trauer T, Newton R, Cheung P: Minimizing adverse effects on patients of involuntary relocation from long-stay wards to community residences. *Psychiatric services (Washington, DC)* 2003, **54**(7):1022-1027.
- 16. Chopra P, Herrman HE: **The long-term outcomes and unmet needs of a cohort of former long-stay patients in Melbourne, Australia**. *Community mental health journal* 2011, **47**(5):531-541.
- 17. Munro J, Palmada M, Russell A, Taylor P, Heir B, McKay J, Lloyd C: **Queensland extended care services for people with severe mental illness and the role of occupational therapy**. *Australian occupational therapy journal* 2007, **54**:257-265.
- 18. McKenna B, Oakes J, Fourniotis N, Toomey N, Furness T: **Recovery-Oriented Mental Health Practice in a Community Care Unit: An Exploratory Study.** *Journal of forensic nursing* 2016, **12**(4):167-175.