

The effect of depressive symptomatology on the association of vitamin D and sleep

Supplement S2: Results of regression analyses

Roland Mergl ^{1*}, Ezgi Dogan-Sander ^{2*}, Anja Willenberg ³, Kerstin Wirkner ^{4,5}, Jürgen Kratzsch ^{3,4}, Steffi Riedel-Heller ^{4,6}, Antje-Kathrin Allgaier ¹, Ulrich Hegerl ⁷, Christian Sander ^{2,4}

* Both authors equally contributed to the manuscript.

¹ Institute of Psychology, Universität der Bundeswehr München, Neubiberg, Germany

² Department of Psychiatry and Psychotherapy, University of Leipzig Medical Center, Leipzig, Germany

³ Institute of Laboratory Medicine, Clinical Chemistry and Molecular Diagnostics, University of Leipzig Medical Center, Leipzig, Germany

⁴ LIFE - Leipzig Research Center for Civilization Diseases, University of Leipzig, Leipzig, Germany

⁵ Institute for Medical Informatics, Statistics and Epidemiology (IMISE), University of Leipzig, Leipzig, Germany

⁶ Institute of Social Medicine, Occupational Health and Public Health, University of Leipzig, Leipzig, Germany

⁷ Department of Psychiatry, Psychosomatics, and Psychotherapy, Goethe University Frankfurt, Frankfurt am Main, Germany

22 **Table S1. Results of regression analyses regarding the role of the severity of depressive**
 23 **symptoms as possible moderator for the association of vitamin D concentrations and night**
 24 **sleep parameters**

<i>Independent variables</i>	<i>b [95% CI]</i>	<i>beta</i>	<i>p</i>
<i>Night sleep duration as dependent variable</i>			
1. Model without any covariates			
CES-D sum score (without item 11) (CES-D)	0.001 [-0.019;0.022]	0.009	0.892
Vitamin D concentration (Vit D)	0.007 [-0.002;0.016]	0.080	0.106
CES-D x Vit D	-0.00006 [-0.001;0.001]	-0.010	0.891
2. Model with covariates			
CES-D sum score (without item 11) (CES-D)	0.002 [-0.019;0.022]	0.010	0.872
Vitamin D concentration (Vit D)	0.004 [-0.005;0.012]	0.041	0.407
CES-D x Vit D	-0.00003 [-0.001;0.001]	-0.006	0.938
<i>Midsleep time as dependent variable</i>			
1. Model without any covariates			
CES-D sum score (without item 11) (CES-D)	0.007 [-0.011;0.024]	0.048	0.465
Vitamin D concentration (Vit D)	0.00004 [-0.007;0.007]	0.001	0.991
CES-D x Vit D	-0.0001 [-0.001;0.001]	-0.025	0.735
2. Model with covariates			
CES-D sum score (without item 11) (CES-D)	0.007 [-0.010;0.025]	0.052	0.425
Vitamin D concentration (Vit D)	0.00042 [-0.007;0.008]	0.006	0.913
CES-D x Vit D	-0.00015 [-0.001;0.001]	-0.031	0.681

25 *Notes: b: unstandardized regression coefficient; beta: standardized regression coefficient; CES-*
 26 *D: German version of the Centre for Epidemiological Studies Depression Scale (CES-D, [35, 36])*
 27 *– the corresponding sum score has been modified by subtracting item 11 (reflecting the*
 28 *intensity of sleep problems) from the original total score; CI: confidence interval; p: p value.*
 29 *The results of different linear regression models are given: models without any covariates and*
 30 *models with covariates (age, the BMI score and the season in which vitamin D concentrations*
 31 *had been measured).*
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