Supplementary material 18. Fixed-effect meta-analysis of short-term versus long-term cognitive-behavioral therapy for anxiety disorders on anxiety symptoms (sensitivity analysis)

Study or Subgroup	Short-term CBT Mean	SD	Total	Long-term CBT Mean	SD	Total	Weight	Std. Mean Difference IV, Fixed, 95% CI	Std. Mean Difference IV, Fixed, 95% CI
Clark et al. 1999	5.7	5.3	14	3.4	4.4	15	13.9%	0.46 [-0.28, 1.20]	
Herbert et al. 2004	76.71	47.18	15	113.77	39.56	19	15.1%	-0.84 [-1.55, -0.13]	
Kenardy et al. 2003	47.86	12.31	39	41.1	13.14	42	38.7%	0.53 [0.08, 0.97]	
Roberge et al. 2008	10.2	8.8	32	9.5	10.3	33	32.2%	0.07 [-0.41, 0.56]	
Total (95% CI)			100			109	100.0%	0.16 [-0.11, 0.44]	

Heterogeneity: Chi² = 11.00, df = 3 (P = 0.01); I² = 73%
Test for overall effect: Z = 1.16 (P = 0.25)