Supplementary Table 1: Guideline recommendation themes and associated subcategories for psychological assessment and intervention in perinatal period.

		Ante	natal Asse	ssment	Anter	atal Inter	vention	Posti	natal Asse	ssment	Postnatal Intervention			
No.	recommendation category	Women	Mother -infant dyad	Partners	Women	Mother - infant dyad	Partners	Women	Mother - infant dyad	Partners	Women	Mother - infant dyad	Partners	% coverage
1	Therapeutic approa	aches in pe	erinatal con	ntext										
	Psychosocial	√ √	✓	-	✓	-	-	√ √	-	-	✓	-	-	29
	Structured psychological	✓	-	-	✓	-	-	✓		-	~	√	✓	25
	Focus on specific MH conditions	11	-	-	44	-	-	44	-	-	√	-	-	29
	Trauma-informed	-	-	-	-	-	-	-	-	-	-	-	-	0
	Use of validated questionnaires	//	-	-	-	-	-	//	-	-	-	-	-	17
	Equitable care con	siderations	3											
	Therapeutic relationship	-	-	-	√	-	-	-	-	-	√	-	-	8
	Cultural/diversity	✓	-	-	✓	-	-	✓	-	-	✓	-	-	17
	Environmental **	✓	-	-	✓	-	-	✓	-	-	✓	-	-	17
	Individual and systemic considerations													
	Recovery- oriented	-	-	-	-	-	-	-	-	-	-	-	-	0
	Care planning	✓	-	-	✓	-	-	✓	-	-	✓	-	-	17
	Involve significant others	-	-	-	-	-	-	-	-	-	-	-	✓	4
	Safety / Risk	✓	-	-	✓	-	-	✓	-	-	✓	-	-	17
2	Therapeutic approaches in perinatal context													
	Psychosocial	√√	✓	✓	√ √	-	-	//	44	44	√ √	-	-	58
	Structured psychological	√	-	✓	//	√ √	√ √	✓	-	✓	//	√ √	√ √	67

	Theme and recommendation category	Antenatal Assessment			Antenatal Intervention			Posti	natal Asse	ssment	Postnatal Intervention			
No.		Women	Mother -infant dyad	Partners	Women	Mother - infant dyad	Partners	Women	Mother - infant dyad	Partners	Women	Mother - infant dyad	Partners	% coverage
	Focus on specific MH conditions	//	✓	//	√	-	√	//	✓	√ √	✓	-	√	58
	Trauma-informed	-	-	-	-	-	-	-	-	-	-	-	-	0
	Use of validated questionnaires	//	1	✓	-	1	-	//	1	✓	-	-	-	25
	Equitable care con	siderations												
	Therapeutic relationship	-	1	-	-	1	-	-	1	-	-	-	-	0
	Cultural/diversity	✓	-	-	-	-	-	✓	-	-	-	-	-	8
	Environmental **	√ √	•	✓	-	•	-	√√	1	✓	-	-	-	25
	Individual and syst	emic consi	derations				T			T				
	Recovery- oriented	-	-	-	-	-	-	-	-	-	-	-	-	0
	Care planning	✓	-	-	✓	✓	✓	-	-	-	4	✓	✓	33
	Involve significant others			-	-		-		-	-		-	-	0
	Safety / Risk	√ √	√√	-	//	√ √	-	√√	√ √	-	4	√√	-	67
3	Therapeutic approaches in perinatal context													
	Psychosocial	√ √	✓	✓	√√	✓	✓	4	✓	√√	√√	✓	✓	71
	Structured psychological	44	/ /	-	//	✓	√	*	44	-	*	√	✓	67
	Focus on specific MH conditions	//	✓	✓	//	✓	-	11	√	✓	//	√	-	58
	Trauma-informed	√ √	✓	✓	√ √	✓	✓	√ √	✓	✓	√ √	✓	✓	67
	Use of validated questionnaires	/ /	√	√	✓	√	-	/ /	√	✓	✓	√	-	50

	Theme and recommendation category	Antenatal Assessment			Anter	atal Inter	vention	Post	natal Asse	ssment	Postnatal Intervention			
No.		Women	Mother -infant dyad	Partners	Women	Mother - infant dyad	Partners	Women	Mother - infant dyad	Partners	Women	Mother - infant dyad	Partners	% coverage
	Equitable care con													
	Therapeutic relationship	*	✓	✓	//	✓	✓	√ √	√	✓	11	✓	✓	67
	Cultural/diversity	√ √	✓	√ √	√√	✓	√ √	4	✓	√ √	√√	✓	11	83
	Environmental **	√ √	✓	✓	✓	•	√ ***	√ √	✓	✓	✓	✓	√ ***	54
	Individual and syst	emic consi	derations											
	Recovery- oriented	4 4	✓	-	44	✓	-	44	✓	-	44	✓	-	50
	Care planning	√ √	✓	-	√ √	✓	-	11	✓	-	√ √	✓	-	50
	Involve significant others	√	✓	-	√	✓	-	✓	√	-	√	✓	-	33
	Safety / Risk	√ √	√ √	-	√√	√ √	-	√ √	√√	-	√ √	//	-	67
4	Therapeutic approa	aches in pe	rinatal con	ntext										
	Psychosocial	✓	-	-	√ √	-	-	✓	-	-	√ ✓	-	-	25
	Structured psychological	44	-	-	11	-	-	4	-	-	44	-	-	33
•	Focus on specific MH conditions	√	-	-	√	-	-	✓	-	-	√	-	-	17
	Trauma-informed	1	-	-	✓	-	-	//	-	-	✓	-	-	25
	Use of validated questionnaires	✓	-	-	-	-	-	✓	-	-	-	-	-	8
	Equitable care con	siderations												
	Therapeutic relationship	44	-	-	11	-	-	4	-	-	44	-	-	33
	Cultural/diversity	//	-	-	11	-	-	//	-	-	//	-	-	33
	Environmental **	√ √	-	-	√ √	-	-	√ √	-	-	4	-	-	33

		Ante	Antenatal Assessment			atal Inter	vention	Posti	natal Asse	ssment	Postnatal Intervention			
No.	Theme and recommendation category	Women	Mother -infant dyad	Partners	Women	Mother - infant dyad	Partners	Women	Mother - infant dyad	Partners	Women	Mother - infant dyad	Partners	% coverage
	Individual and syst	emic consi	derations											
	Recovery- oriented	<		-	*		-	<	•	-	~	-	-	17
	Care planning	//	-	-	√ √	-	-	//	-	-	//	-	-	33
	Involve significant others	✓	-	-	11	-	-	✓	-	-	44	-	-	25
	Safety / Risk	✓	-	-	-	-	-	✓	-	-	-	-	-	8
5	Therapeutic approa	iches in pe	rinatal coi	ntext										
	Psychosocial	//	•	-	-	-	-	√ √	-	-	-	-	-	17
	Structured psychological			-			-		•	-	-	-	-	0
	Focus on specific MH conditions	√	-	-	-	-	-	√	-	-	-	-	-	8
	Trauma-informed	-	-	-	-	-	-	-	-	-	-	-	-	0
	Use of validated questionnaires	44	-	-	√	-	-	4 4	-	-	✓	-	-	25
	Equitable care cons	siderations												
	Therapeutic relationship	-	-	-	-	-	-	-	-	-	-	-	-	0
	Cultural/diversity	✓	-	-	✓	-	-	✓	-	-	✓	-	-	17
	Environmental **	✓	-	-	-	-	-	✓	-	-	-	-	-	8
	Individual and syst	emic consi	derations											
	Recovery- oriented	-	-	-	-	-	-	-	-	-	-	-	-	0
	Care planning	-	-	-	-	-	-	-	-	-	-	-	-	0
	Involve significant others	-	-	-	-	-	-	-	-	-	-	-	-	0
	Safety / Risk	-	-	-	-	-	-	-	-	-	-	-	-	0

	Theme and recommendation category	Ante	natal Asse	ssment	Anten	atal Inter	vention	Posti	natal Asses	ssment	Postnatal Intervention			
No.		Women	Mother -infant dyad	Partners	Women	Mother - infant dyad	Partners	Women	Mother - infant dyad	Partners	Women	Mother - infant dyad	Partners	% coverage
6	Therapeutic approa													22
	Psychosocial	√	√	-	√	√	-	√	√	-	√	√	-	33
	Structured psychological	✓	✓	✓	//	✓	4 4	✓	✓	✓	11	✓	✓	63
	Focus on specific MH conditions	11	-	-	11	-	-	44	-	-	4	-	-	33
	Trauma-informed	✓	✓	✓	✓	✓	✓	✓	√ √	✓	✓	✓	✓	54
	Use of validated questionnaires	//	-	-	√	-	•	//	-	-	√	-	•	25
	Equitable care con	siderations												
	Therapeutic relationship	✓	✓	✓	✓	√	✓	✓	√	✓	✓	√	✓	50
	Cultural/diversity	✓	-	-	✓	-	-	✓	-	-	✓	-	-	17
	Environmental **	✓	-	-	✓	-	-	✓	-	-	✓	-	-	17
	Individual and systemic considerations													
	Recovery- oriented	✓	-	-	✓	-	-	✓	-	-	✓	-	-	17
	Care planning	√√	√ √	-	✓	✓	-	√ √	√√	-	✓	✓	-	50
	Involve significant others	11	44	-	✓	√		44	44	-	✓	√	-	50
	Safety / Risk	√ √	//	-	✓	✓	-	//	/ /	-	✓	✓	-	50
7	Therapeutic approaches in perinatal context													
	Psychosocial	✓	✓	4 4	✓	✓	4 4	✓	✓	44	✓	✓	√ √	16
	Structured psychological	//	//	//	✓	✓	√	//	4 4	//	✓	✓	√	18
	Focus on specific MH conditions	-	-	-	-	-	-	-	-	-	-	-	-	0
	Trauma-informed	✓	✓	✓	✓	-	-	✓	✓	✓	✓	-	-	8

	. Theme and recommendation category	Antenatal Assessment			Anter	natal Inter	vention	Posti	natal Asse.	ssment	Postnatal Intervention			0.4
No.		Women	Mother -infant dyad	Partners	Women	Mother - infant dyad	Partners	Women	Mother - infant dyad	Partners	Women	Mother - infant dyad	Partners	coverage
	Use of validated questionnaires	-	-	-	-	-	-	-	-	-	-	-	-	0
	Equitable care cons	siderations												
	Therapeutic relationship	-		-	-	-	-	-	-	-	-	-		0
	Cultural/diversity	√ √	✓	✓	√ √	✓	✓	√ √	✓	✓	//	✓	✓	16
	Environmental **	√ √	✓	√ √	√ ✓	✓	√ √	//	✓	//	//	✓	√ √	20
	Individual and syst	emic consi	derations											
	Recovery- oriented	-	-	-	-	-	-	-	-	-	-	-	-	0
	Care planning	√√	√√	√√	√ √	✓	√ √	√√	√ √	√√	√√	✓	√√	22
	Involve significant others	4 4	✓	✓	//	✓	✓	//	√	✓	4 4	✓	✓	16
	Safety / Risk	✓	✓	✓	-	-	✓	✓	✓	✓	-	-	✓	8
(r	ounded to nearest whole number)	60	26	17	49	18	9	60	24	18	49	20	15	

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