

Factors (i.e. social support, clear goals) that promote Lack of Confidence in Self-Care Implementation

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graph LR; A[Factors (i.e. social support, clear goals) that promote Lack of Confidence in Self-Care Implementation] --> B[Self-Care Implementation (i.e. eating a healthier diet, being more physically active)]; B --> C[Glycemic Control];
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Self-Care Implementation (i.e. eating a healthier diet, being more physically active)

Glycemic Control