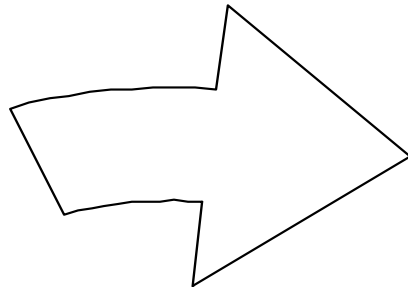


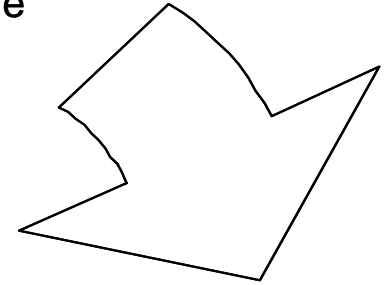
Source of help

Friends
Parents
Professionals



Composition of population

Gender Age
Ethnicity

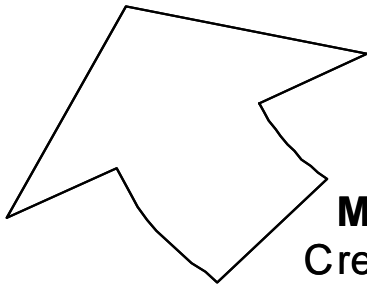


Perception of Self-Harm

Spur of the moment
My choice
Life/problems have change
Not serious/important

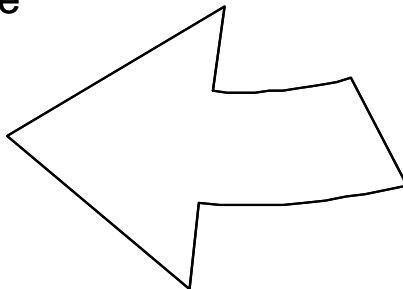
Decision to seek help

Don't know if I want to
I found it hard to ask



Motivation to act

Creates more trouble
Hurt those I care
Label me an
"attention seeker"
Emotional states



Perception something can be done

I can/should be able
to cope on my own
I don't want help
No one understands

