

Eligible Births (n =)
Contacted at __ week first-time parent group meeting across 12
Victorian Local Government Areas

**First-time parent group expressed interest to research team
(n =)**

Enrolment
(Consent form returned)
(n = _ families, n = _ first-time parent groups)

Excluded (n =)
Not meeting inclusion criteria (n=)
Refused to participate (n=)
Other reasons (n=)

Randomisation

Allocated to intervention
(n=)
Received allocated intervention at _ time
point (n=)
Did not receive allocated intervention at _
time point (n=)
Give reasons

Allocation

Allocated to Control
(n=)
Received 'usual care' at _ time point (n=)
Did not receive 'usual care' at _ time point
(n=)
Give Reasons

Follow-up
Returned questionnaire at _ scheduled time
point (n=)
Lost to follow up (n=)
Give reasons
Discontinued intervention (n=)
Give reasons

Follow-Up

Follow-up
Returned questionnaire at _ scheduled time
point (n=)
Lost to follow up (n=)
Give reasons
Discontinued control (n=)
Give reasons

Analyzed (n=)
Excluded from analysis (n=)
Give reasons

Analysis

Analyzed (n=)
Excluded from analysis (n=)
Give reasons