

Enrollment

Assessed for eligibility
(37 Municipal Health Services (MHSs)
in
the Netherlands)

Excluded
- Not meeting inclusion criteria (3 MHSs)
- Other reasons, like merger MHSs (25 MHSs)

Included
(9 MHSs)

Assessed for eligibility
(115 Youth Health Care teams (YHC
teams) from 9 MHSs)

Excluded
- Not meeting inclusion criteria (58 YHC teams)
- Other reasons, like decision of the MHSs how
many teams could participate (13 YHC teams)

Included and randomly
allocated within MHS
(44 YHC teams)

Allocation

Allocated to intervention group (22 YHC teams)

Allocated to control group (22 YHC teams)

Included overweight children and their parents (n = ...)
- Children and their parents received intervention (n = ...)
- Did not receive intervention (no basic Dutch language
skills, other problems within family, etc.) (n = ...)

Included overweight children and their parents (n = ...)
- Children and their parents received usual care (n = ...)

Follow-up

Lost to follow-up: ... (..) parents did not respond to
baseline questionnaire

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baseline questionnaire

Lost to follow-up: ... (..) parents did not respond to
first follow-up (questionnaire)

Lost to follow-up: ... (..) parents did not respond to
first follow-up (questionnaire)

Lost to follow-up: ... (..) parents did not respond to
second follow-up (questionnaire & body measurements)

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Analysis

- Clusters: analyzed ... YHC teams,
median team size = ... , range ... - ...
- Participants: (..) overweight children and their
parents

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