

Total population of long-term disability pensioners having musculoskeletal disorders (n= 899)

Group 1 (n= 89)
Back pain disability pensioners participating in the RCT

Intervention group (n=45)

1 year follow-up (n=43); 2 missing
3 year follow-up (n=43)

Control group (n=44)

1 year follow-up (n=44)
3 year follow-up (n=44)

Group 2 (n=361)
Back pain disability pensioners not volunteering for the RCT

1 year follow-up (n=356); 5 missing
3 year follow-up (n= 349); 7 missing

Group 3 (n=449)
Disability pensioners with other musculoskeletal disorders, not eligible for the RCT

1 year follow-up (n=444); 5 missing
3 year follow-up (n=441); 3 missing