

Preschools applying for gym lessons, fulfilling eligibility criteria
(preschool n=43)

Not enrolled
(preschool n=6)
refused to participate

Enrolled with consent form
(preschool n= 37)

Stratification according to geographical location and SES
Randomization into 2 study arms
(preschool n= 37)

Allocation to intervention (INT)
Received parent-focused intervention and state-sponsored gym lessons
(preschool n=17, children N=370)
Mean cluster size: 23 (15-50)

Did not receive allocated intervention (n=)
Reasons:

Allocation

Allocation to Control (CONT)
Received state-sponsored gym lessons
(preschool n=20, children N=371)
Mean cluster size: 19 (9-46)

Did not receive gym lessons (n=)
Reasons:

Loss to follow-up (n=1; N=6)
Discontinued measurements (n=1)
Reasons: teacher disliked measurements

Follow-up

Loss to follow-up (n=; N=)
Discontinued intervention (n=)
Reasons:

Analyzed (n=; N=)

Analysis

Analyzed (n=; N=)