

Smokers screened (n= 86)



- Unstable medical condition (n=13)
- Recent oral hygiene treatment (n=10)
- Low motivation to stop smoking < 6/10 (n=6)
- Recent quit attempt or already abstinent (n=3)
- Regular cannabis or alcohol use (n=5)
- Not interested in the study after description (n=3)
- Schedule or location incompatibilities (n=4)
- Inclusion visit not attended (n=3)

Smokers included (n= 39)



Abandonment after relapse (n=12)

Smokers who completed the 8-week intervention (n= 27)
of abstinent : 17



Relapse (n=11)

Abstinent smokers at 6 months, with expired CO test confirmation (n=6)