Start of the preschool year		a b		
		c d		
Trial baseline		Randomisation		
		Intervention group	Control group	
1 month		e		
6 months		f g	f	
1 year		h	h	
2 year		h	h	
	Screening questionnaire: Preschool services distribute to parents of all children at the start of their preschool year. Parents return questionnaires via a sealed box at preschools			
a				
b	Usual care services available in the community (i.e., maternal and child health, general practice, any other health, education and childcare services).			
$\overline{\mathbf{c}}$	Trial eligibility determined by high temperamental inhibition score on screening			
	questionnaire. Research team makes recruitment phone calls to all eligible families.			
d	Baseline questionnaire and consent forms mailed to families; return by reply-paid mail			
	Cool Little Kids program is administered. 6 x 90-min group sessions (2 weekly, 3			
e	fortnightly, 1 month booster)			
f	Screening process appraisal questionnaire mailed to parents; return by reply-paid mail			
	Cool Little Kids program appraisal questionnaire mailed to parents; return by reply-			
g	paid mail			
h	Primary & secondary outcomes questionnaire mailed to parents; return by reply-paid			
	mail			

Parent telephone interview to assess primary outcome