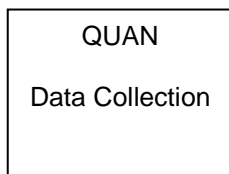


Phase 1

Phase 2

Procedure

-Cross-sectional survey

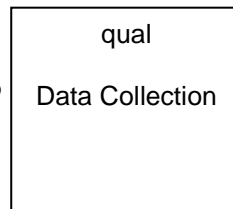


Product

-Numeric data

Procedure

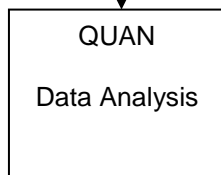
-Focus group discussions or individual interviews



Product

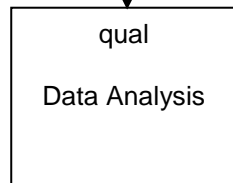
-Text data

-SPSS software



-Descriptive and analytic statistics
-Regression

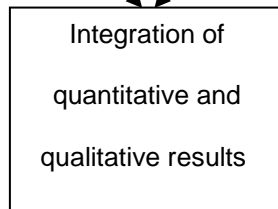
-Content analyses



-Theme

Procedure

-Interpretation and explanation of quantitative and qualitative results
- Literature review
- Expert panel & nominal group technique



Product

-Discussion
- Offering health promotion strategies
-Implications
-Future research