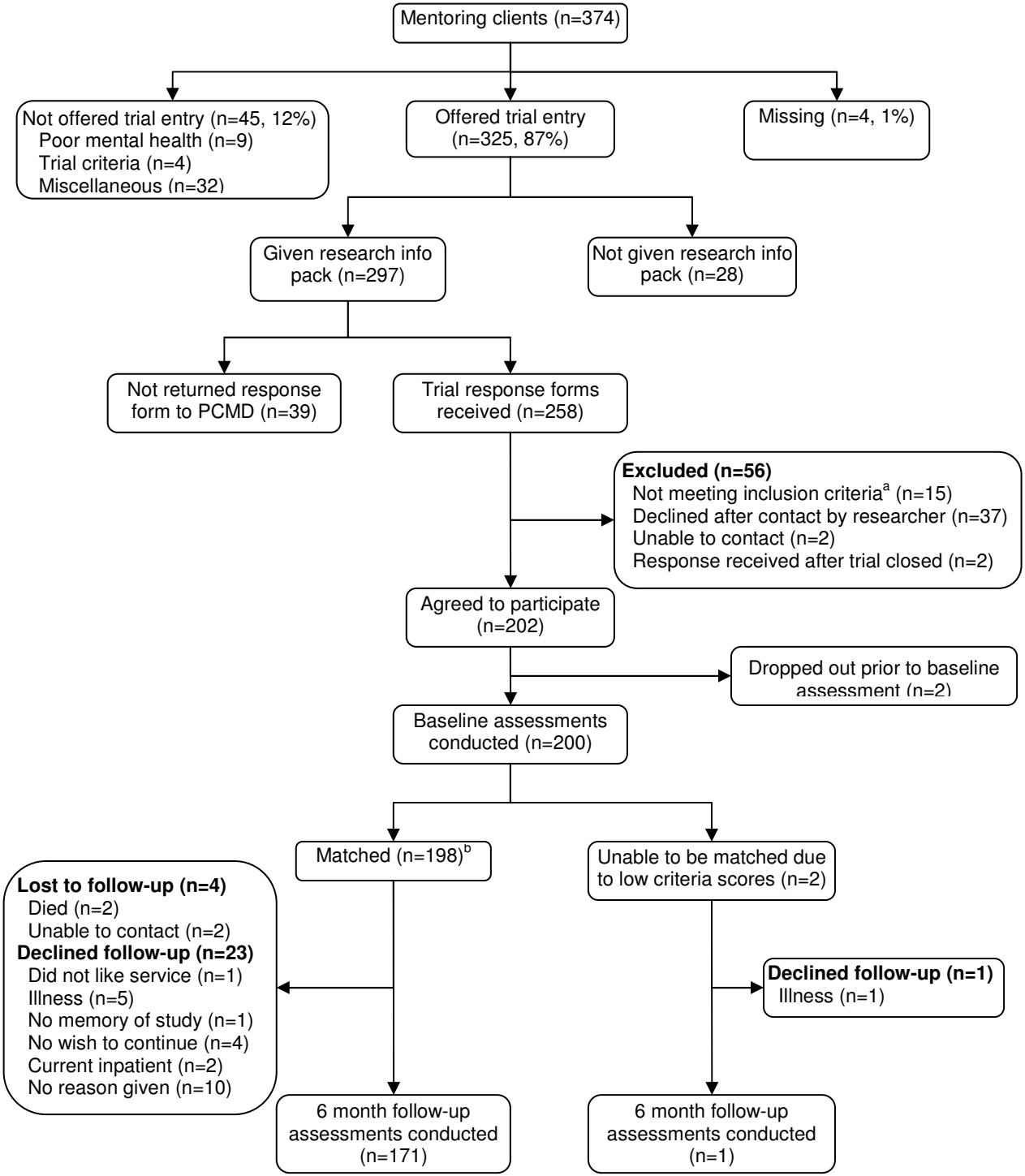
Mentoring clients (n=374)
Not offered trial entry (n=45, 12%)
Poor mental health (n=9)
Trial criteria (n=4)
Miscellaneous (n=32)
Offered trial entry (n=325, 87%)
Missing (n=4, 1%)
Given research info pack (n=297)
Not given research info pack (n=28)
Not returned response form to PCMD (n=39)
Trial response forms received (n=258)
Excluded (n=56)
Not meeting inclusion criteria[a] (n=15)
Declined after contact by researcher (n=37)
Unable to contact (n=2)
Response received after trial closed (n=2)
Agreed to participate (n=202)
Dropped out prior to baseline assessment (n=2)
Baseline assessments conducted (n=200)
Matched (n=198)[b]
Unable to be matched due to low criteria scores (n=2)
Lost to follow-up (n=4)
Died (n=2)
Unable to contact (n=2)
Declined follow-up (n=23)
Did not like service (n=1)
Illness (n=5)
No memory of study (n=1)
No wish to continue (n=4)
Current inpatient (n=2)
No reason given (n=10)
Declined follow-up (n=1)
Illness (n=1)
6 month follow-up assessments conducted (n=171)
6 month follow-up assessments conducted (n=1)