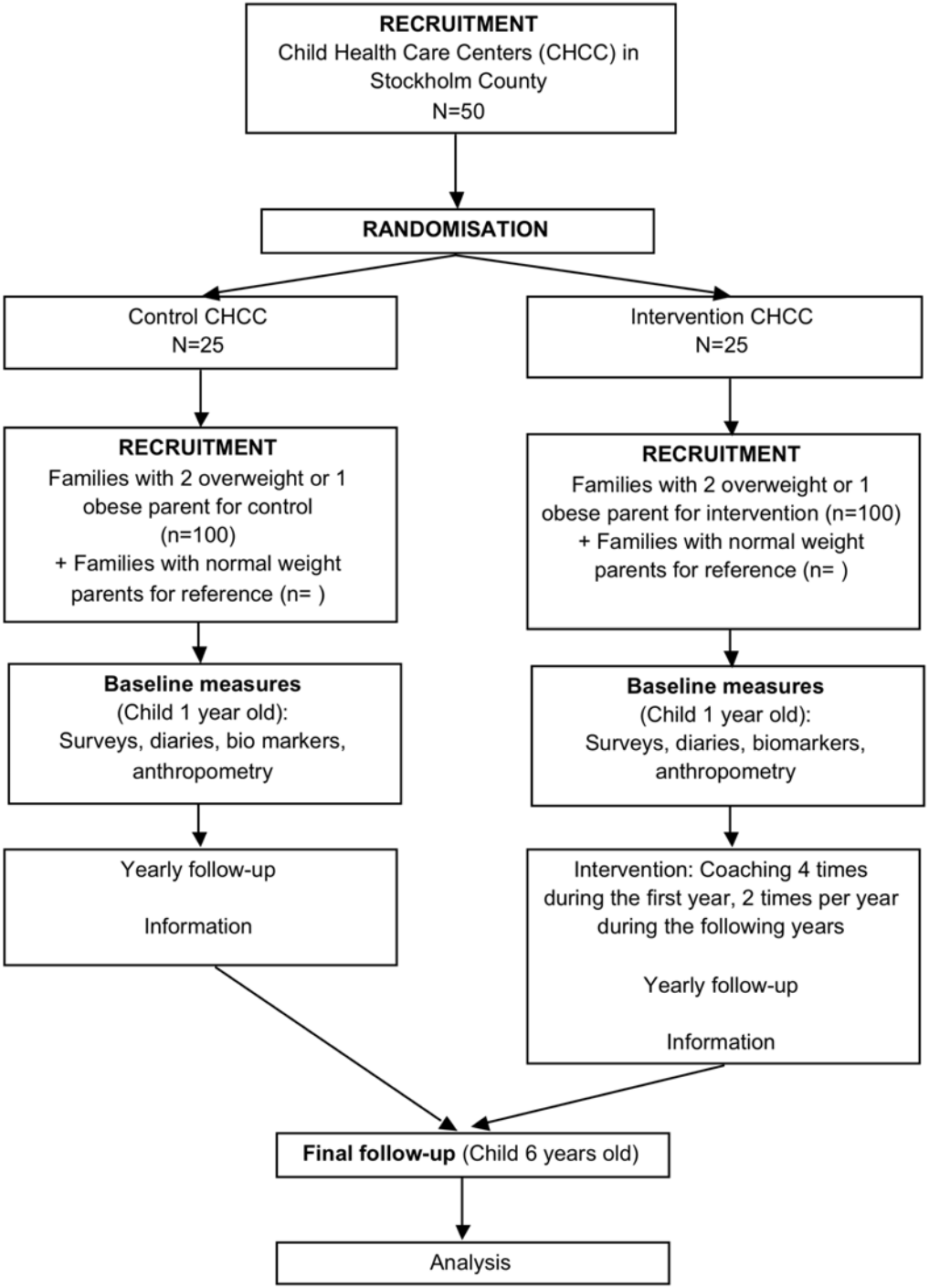
RECRUITMENT
Child Health Care Centers (CHCC) in Stockholm County
N=50
RANDOMISATION
Control CHCC
N=25
Intervention CHCC
N=25
RECRUITMENT
Families with 2 overweight or 1 obese parent for control (n=100)
+ Families with normal weight parents for reference (n=)
RECRUITMENT
Families with 2 overweight or 1 obese parent for intervention (n=100)
+ Families with normal weight parents for reference (n=)
Baseline measures
(Child 1 year old):
Surveys, diaries, bio markers, anthropometry
Baseline measures
(Child 1 year old):
Surveys, diaries, biomarkers, anthropometry
Yearly follow-up
Information
Intervention: Coaching 4 times during the first year, 2 times per year during the following years
Yearly follow-up
Information
Final follow-up (Child 6 years old)
Analysis