

	Age (years)					
	1	2	3	4	5	6
Anthropometry						
BMI / Waist (C+P)	x	x	x	x	x	x
Blood pressure (C+P)	x	x	x	x	x	x
Biomarkers						
Blood (C+P)	x		x			x
Feces (C)	x	x	x	x	x	x
Saliva (C+P)	x	x	x	x	x	x
Diet						
Survey (C+P)	X	x	x	x	x	x
Diary (C+P)	x	x	x	x	x	x
Physical Activity						
Survey (C)	x	x	x	x	x	x
Accelerometer (C+P)	x	x	x	x	x	x
Hempel Assessment (C)		x		x		x
Sleep						
Survey (C+P)		x		x		x
Diary (C+P)		x		x		x
Accelerometer (C+P)		x		x		x
Stress						
Survey (P)		x	x			x

C=Child, P=Parents