

Welcome page
Patient log-in into the system with the given username and password.

Homepage
Patient is provided with a short instruction on how to use the website

My Profile

- Patient's personal profile consists of primary and secondary outcomes.
- This section is updated at baseline and 6-month.

Module bar

- A drop-down menu consists of 12 dietary modules that are developed for the intervention.
- This section is updated every fortnight.

Side bar

- Factsheets on diabetes mellitus
- Statistics on diabetes
- BMI calculator
- Cut-off values for physical measurements
- Motivational quotes
- Links to other diabetes

Staging questions and immediate recommendations

- Each module begins with a list of 5 staging questions.
- The patient is then taken to appropriate recommendation page tailored to the corresponding stage.

Query

- Patient is given the option to ask further questions to the study nutritionist.