

Participant Recruitment & Screening

Participant met inclusion criteria

Participant consented to study

Participant
randomly assigned
to
Intervention Group

Survey 1

6 month
intervention

Survey 2
(6 months)

Survey 3
(12 months)

Participant
randomly assigned
to
Control Group

Survey 1

No
intervention

Survey 2
(6 months)

Survey 3
(12 months)