

Recruitment: Screening clinic out-patients (18 years and above) at
Dr. George Mukhari Hospital (n=2500)

Risk evaluation based on Alcohol Risk (AUDIT) score

Score <8 for men and <7 for
women

Health education pamphlet (exit
study)

AUDIT score: 7/8-19
Invited for inclusion in study

Score 20 and more
Referred for further
management (exit study)

Randomization of individual hospital out-patients (with 280 screened medium risk drinkers
(AUDIT score 7/8-19))

Intervention (with 140 screened medium risk
drinkers)

Brief intervention (one session) on alcohol
problems

Follow-up assessments: 6 and 12 months
following intervention

Control (with 140 screened medium risk
drinkers)

Receive alcohol health information

Follow-up assessments: 6 and 12 months
following intervention

Delayed intervention with control group if
SBI is shown to be effective

Figure 1 Overview of study activities